

THE 1851 CHRONICLE



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Photo by Mark Sciegaj

President Alexander, and wife, students, faculty and community at the Alzheimer's Memory Walk

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The College community welcomes our new President

**By Christina Rossi
Chief Editor**

For a man who has had an extensive career in the corporate, media, and entertainment worlds, is part owner of an independent film distribution company, author of "15 Theses for Succeeding in College" and has eleven pets, one might ask why did he want to be the ninth president of Lasell College?

It has been a life-long dream of Michael Alexander's, "I have wanted to be president of a college since I was an undergraduate at Harvard College," says President Alexander, "I had to work to get back into it."

Not surprisingly, he truly enjoys being president of Lasell, "It is a warm and caring community. People rally around individuals and celebrate their victories."



Photo By Phyllis Taylor

(Left to Right) Dr. Barrett, Dr. Tessa LeRoux, Bob Giles, President Alexander

Harvard's Neiman Curator Addresses Ethical Problems in Journalism

**By Camille Gillman
Contributor Writer/Graphic Editor**

"In a world so troubled by war, disease, poverty and religious strife, committed citizen journalists can make a difference. Journalists are often frustrated by the slow nature of change and worry whether their reporting is helping to make a difference," Bob Giles, Curator of Harvard's Neiman Foundation for Journalism, said to faculty, students, and guests on October 4, 2007 in DeWitt Hall. Accordingly, Giles once a journalist and editor himself, believes in providing the mind with valuable information that news offers to expand our knowledge of historical and current events.

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Darfur: Film and Discussion Class For Students by Students

**By Iván González-Marte
News Editor**

"We realized that we knew almost nothing about the genocide in Darfur, and neither did anybody else; we thought this was ridiculous, and realized that we had the perfect outlet to educate ourselves and others about the genocide. The world should know about this, and should do something about it; spreading knowledge is just the beginning," says Chelsea Comeau, a senior majoring in English with a concentration in Secondary Education.

Comeau is one of four students co-facilitating a new one-credit class being offered this semester at Lasell. Also teaching are Kevin Lawson, Lauren Tousignant, and Chris Herget. The class is intended to meet five times throughout the semester with an additional five-hours devoted to a community service project. At the end of the course students will receive a pass/fail grade based on class participation as well as completing a yet to-be-determined community service project. Dr. Stephanie Athey, Dr. Catherine Zeek, and Dr. John Carroll are serving as faculty advisors for this course.

Students from every academic year are enrolled as well as students from different majors. "The response was overwhelming. We posted the class offering on Wednesday of the Add/Drop Period and by that Friday we had 14-17 students enrolled or told us they would be showing up regularly," says Kevin Lawson, a senior majoring in History with a concentration in Secondary Education and who is also co-facilitating the class.

The four students meet every Thursday with Professor Zeek and Professor Athey to reflect and discuss their plans for the next class. However, the responsibility of developing a lesson plan relies on these four students. They also exchange emails with topic ideas that should be considered for the upcoming class.

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Darfur: Film and Discussion Class For Students by Students

González-Marte: From Page 1

Both Comeau and Lawson are convinced that the opportunity to conduct this class will help them in their future careers.

"Being in an actual classroom gives experience you can't learn from a book. I think we've realized just how hard running a class is... We're learning skills that help us to plan and lead discussions mostly, which will be very useful once we become teachers,"

concluded Comeau.

"As a Secondary Education major, I find that this class is essential to my part of gaining knowledge in how to conduct a class. Learning how to prepare materials, make detailed lesson plans, and lead discussions will provide me with the insight needed for teaching at the secondary level," added Lawson.

Harvard's Neiman Curator Addresses Ethical Problems in Journalism

Gillman: From Page 1

However, in his lecture, Giles described many of the recent ethical lapses in the media and in journalism especially. He raised such question as: What is the origin of ethics? How did it originate? And why are journalists keen on following a code of ethics?

According to Giles, ethics is a rational process based on principle and morals. It was first popularized during the Greek philosophers' reign of Socrates, Plato, and Aristotle. They helped influence our basis for ethics, which included virtue, moral character, justice and righteousness. Then, it expanded into laws and codes, which most media organizations today follow. For instance, "through the middle part of the 20th century, news organizations began to write their own codes of ethics, but few took them seriously until the 1970's, when the impact of the Watergate scandal compelled U.S. news organizations to look within and 'clean up our own back yards,' as one editor explained it."

Furthermore, Giles stated that the "codes have been strengthened to address such fundamental issues as anonymous sources, conflicts of interest, plagiarism, accuracy and fairness."

In order to comply with these codes, over time, the media associations had to improve their standards for readers' interest. "Such elements might include audio and video, interactive graphics, citizen contributions and blogs have been added in recent years. Some news companies are revamping their newsrooms, replacing the traditional news, local and sports desks with Information Centers that utilize digital technology to produce across multimedia platforms."

In contrast with this idea, Giles pointed out that "acts of plagiarism are played out in all of their painful details, which means that journalism's dirty laundry is being washed in public; it also means that news

organizations are tightening their ethical practices."

"Today, journalists are more at risk of getting caught of plagiarizing, more so with the technology we have, like Google, than from say 30 years ago."

The infamous James Blair, a journalist for *The New York Times*, was accused and charged with plagiarism. He did many cover stories for *The Times*, like coverage's of in the war in Iraq. Blair is a prime example of why news organizations needed to tighten up and enforce their ethical standards.

As mentioned before, the codes have been strengthened to address such fundamental issues as such being anonymous sources. In the last several decades, not divulging anonymous source when quoted in an article has happened more frequently. There have been cases where journalists have gone to jail for their loyalty to their sources, because the provider would rather be left anonymous. For example, NYT reporter Judith Miller spent time in jail for refusing to name her source.

According to Giles, sources are a reporter's lifeline. Whenever possible, reporters attempt to get a source's name on the record. It helps readers understand who is being quoted and what authoritative knowledge they bring to the story. Until recently, the press was under fire for its frequent use of unnamed sources, particularly in stories out of Washington. Readers wanted to know the identity of the source and complained that failing to do so was undermining the credibility of the press. The Bush administration has contended that unattributed leaks of information related to national security were harmful to its conduct of the war on terror.

These stories inform the reader of what occurs in Washington that the Bush administration does not want revealed to the public.

The College community welcomes our new President

Rossi: From page 1

Students are also excited to have President Alexander on campus.

"Having a new president this semester, I was a little disheartened," says senior Camille Gillman, "I thought that, at our graduation, the new president wouldn't know the students, but that all changed when I got to know President Alexander. He's a very approachable guy, and he makes an effort to know everyone and actually remembers their names. I'm glad to have him as our president in my last year."

While President Alexander does not have the typical background of a typical college president, he does bring many vital skills to the position.

Through his experience in business, he has learned a lot about financial and strategic planning, which truly helps in advancing the future of the Lasell community.

Using strategic planning, President Alexander assures that within one year, students will begin to see a lot of changes on the campus.

New buildings are on the top of President Alexander's list. He says that there is definitely room for more. He also plans on improving services for students throughout the college. More details on these types of planning will be available in November.

When asked if there is one thing that he really wants to change at Lasell,

he responded that it would be the isolated location of his office, which is currently located on the second floor of the library.

"My office isn't around anyone else, it's something I have to adjust to, not being around people," comments President Alexander.

If President Alexander ever feels lonely in his office, he can always bring in one of four legged friends to join him. He and his wife are the proud owners of five horses, five cats, two dogs, and most recently a baby mouse that his wife rescued from their dog's mouth.

And while President Alexander has always wanted to be a college president, the only other career he dreamed of was becoming a writer. This is evident in his published "15 Theses for Succeeding in College" which he read at his very first convocation for first year students.

"It was meant to be advice for my daughter when she went to school." Says President Alexander about his Theses, "The last thing kids want to do is listen to their parents, so I tried writing them down for her. She put them on her bulletin board and people started copying them down and it went around."

President Alexander has settled into his position here at Lasell College and is already planning changes that will greatly improve our college.

Giles then described how *The New York Times* reported that the Bush Administration had authorized the National Security Agency to eavesdrop on Americans and others without first going to court to seek warrants that are required in instances of domestic spying.

The White House had asked *The Times* not to publish the article. The paper reported that the administration was arguing that the story 'could jeopardize continuing investigations and alert would-be terrorists that they might be under scrutiny.'

The Times held the story for a full year while its reporters did additional reporting. But finally, after balancing all the issues that had been raised, *The Times* decided that publishing the stories would serve the public's interest. In doing so, the editors agreed to withhold some information that White House officials contended would be useful to terrorists.

President Bush said those who leaked the information to *The Times* were guilty of a 'shameful act,' and he asked his Justice Department to open an investigation into whether sources within the government who provided the information and the newspaper that published the stories were involved in criminal activities.

Journalists take on risks every time they provide the public with news. To get news broadcast to the world takes courage, as well as a passion for their profession. Furthermore, as Giles mentioned, these ethical values are worth including in the education of young journalists for the future.

Getting to know new faculty

Debra Pace

By: Iván González-Marte
News Editor

"I have such fond memories of New England and knew that I wanted to come back to the Boston area. I also knew I wanted to teach at a college that focuses on and supports teaching more than research. When I saw the position posted at Lasell, I knew it was the perfect opportunity for me," says Debra Pace when asked why she came to teach at here at Lasell. Pace joined the faculty this fall semester as an Assistant Professor of Sport Management. She comes all the way from Rangely, Colorado, where she worked previously at a middle school. Pace had also taught in places such as University of Nevada, Las Vegas and as far as Rabat, Morocco.

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Tore Terrasi

By Camille Gillman
Contributor Writer/Graphic Editor

What did you want to be growing up?

"I wanted to be a baseball player."

Why?

"I was always really active, played a lot of sports. My parents put me in art classes, music classes, and sports. When I got to school I just always loved playing baseball. I think I wanted to be that because I was pretty good at it, and I gravitated towards it. I also wanted to be an archeologist. I had a huge fascination with dinosaurs, as all 8-year-old kids do. I just thought it was cool to be out in the fields, ya know digging for fossils and finding stuff."

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Micheal Daley

By Laura Thomas
Features Editor



Professor Michael Daley joins Lasell this fall as an Assistant Professor of Environmental Science. Professor Daley earned his B.S. in Biology from Siena College and his M.S. in Secondary Education with a concentration in Biology at SUNY Plattsburgh and He has taught at Lasell and BU, as well as in middle school and outdoor education programs. He is a forest ecologist and has worked with the JASON Project and co-authored several books, including Disappearing Wetlands: Texas Instruments Activity Book & CD and JASON Science Adventure: Aquatic Field Studies.

Professor Daley strongly believes that, within his role as an educator, he can help students to understand the connection between their behavior and the impact on the environment. He hopes that the students will then be able to take this knowledge and "help reduce the ecological footprint of humans on the planet."

Faculty features continued on page 5 & 7



Photo by Jeff Scott

Kevin Flaherty Service of Remembrance

By Christina Rossi
Chief Editor

"How was your life illuminated by Kevin or by the people in your life experiences? How will you pass that light on as love?" Commented Reverend Barbara Asinger at the candle lit remembrance service for student Kevin Flaherty.

The service was truly a celebration of Kevin's life, who was a Lasell student and active member of the Lacrosse team.

Family and friends gathered at the campus

service on September 28th where students and faculty lead the remembrance.

Since Kevin's passing one year ago, his Lacrosse jersey, number 33, has been retired. Also unveiled at ceremony was a brick with Kevin's name, which has been placed in the courtyard of Winslow. The brick was presented by Ruth Shuman of the Alumni Relations office, who commented, "Kevin's legacy will live on at Lasell forever."

Zach Carlson's Legacy of Strength

By: Lakeisha Gerald
Entertainment Editor

On September 19th Lasell College lost another significant student, due to an early passing. Sophomore Zach Carson, 19 died of respiratory failure in his home in Newton.

Zach was diagnosed with a brain tumor when he was only 17 years old. Only being 19 years old Zach has completed more things than anyone his age or older. In his clinical diagnoses he helped raise more than \$200,000 for research for other people just like him. Carson's family held many fund-raisers and with the help of the Make-A-Wish Foundation, Zach got a chance to meet his favorite actor Steve Carell at the premiere of "Evan Almighty" and he also got to visit the set of Steve Carell's TV show "The Office."

Although Zach was sick, he did not let it cloud who he was and what he believed in. "When I think about it, you can look at cancer, cry, and be depressed, or you can take it one day at a time and live for the next day. This disease has given me new guidelines and rules. After I found out I was sick, I looked at life differently. It is special. I hate having cancer, but it actually impacted my life in a good way. It made my life better," said Zach in his funeral guide.

Students from all over the US poured their emotions on Zach's Facebook© Wall. His friends and associates shared emotions, heartfelt



memories, and many sorrow filled thank you notes. "Rest in peace man, I'm grateful for meeting you. You were a great guy," said Ian Hayward from Washington, DC. "Zach you were an amazing person!!! You will truly be missed, and seeing you smile always put me in better mood. And I can never forget our video class together :). I will miss you," said Chelsea Kinsella from the University of Connecticut.

"I think his legacy is his strength, his determination, his courage, his grabbing hold of life and not wanting to let go," said his aunt, Susan Vernick of Lexington from a Boston Globe interview. "He just did not want to give up. I think that's his real legacy."

Upcoming Campus Events

Tuesday, October 30
CaB Movie Series: The Transformers
8pm – Rosen Auditorium

Friday, November 2
CaB Hold 'Em Tournament
TBD

Sunday, November 4
CaB Movie Series: Bourne Ultimatum
3pm – Rosen Auditorium
Sweeney Todd
8pm – Off Campus

Tuesday, November 6
CaB Movie Series: Bourne Ultimatum
8pm – Rosen Auditorium

Wednesday, November 7
CaB Lecture Series – Jay Black
TBD

Sunday, November 11
CaB Movie Series: Superbad
3pm – Rosen Auditorium

Tuesday, November 13
CaB Movie Series: Superbad
8pm – Rosen Auditorium

Friday, November 16th
CaB Laser Tag
TBD

Saturday, December 1st
CaB NYC Trip
TBD

Sunday, December 2nd
CaB Movie Series: Balls of Fury
3pm – Rosen Auditorium

Tuesday, December 4th
CaB Movie Series: Balls of Fury
8pm – Rosen Auditorium

Friday, December 7th
Cab BINGO
8pm – de Witt Hall (doors open at 7:30pm)

Thursday, December 13th
Office of Student Activities Holiday Religious Event with Spiritual Life
TBD

*Events are subject to change. Check MyLasell for the latest updates on location, time and subject.

Controversial Patriots

By Sean Keller
Sports Editor

The New England Patriots are a team that is not easily distracted. Maybe they get their focus from their coach. This fall, a tired, ashamed looking Bill Belichick has listened to questions at press conferences regarding the use of spy camera's.

Belichick responded in most part by suggesting that what happened is in the past and that The Patriots are now looking to their next game against the Chargers.

Last year, after the Patriots beat the Chargers in a playoff game, Chargers Running Back Ladanian Tomlinson said the Patriots "lacked class" and that "maybe it comes from their coach."

A Sports Illustrated cover featured Randy Moss and the headline "Patriots send a shiver through the NFL." Well, it sent a message to the NFL, "We will not be distracted" and "We don't need no stinkin' spy cameras." At one point in the first quarter, Tom Brady was 11 for 14 passing for 168 yards and 2 touchdowns. The game's opening drive culminated in a Brady to Moss pass that has become all too familiar, considering that they've only played in two games together.

Why is the Brady to Moss connection so potent? Two reasons: Brady's timing and Moss's agility. Tom Brady's passing genius is found in his ability to put the ball in the spot where his receivers will be just before they make a move, usually hitting them on a cut to the inside. But Moss brings a new element. Since he is such an explosive player, defensive backs play back, leaving him to cut open for the patented Brady timing pass. But when the backs play him to the inside Moss takes off long and Brady hits him, either just before a safety does or wide open in the end zone. If teams continue to double team Moss and Wes Welker) they won't be able to contain TE, Ben Watson, who will be wide open, just as it happened recently, for a touch down. As the field spreads out and the lead increases, RB Lawrence Maroney takes the ball and runs it up the middle, eats up the play clock, and the Patriots go on to eat up their competition.

Bottom Line: While most would agree that injuries will happen and the perfect season is not possible in a league with so much parody, the Patriots will probably cruise to an undefeated season this year and on to a fourth Super Bowl in seven years. The questions for Belichick will eventually be "Shouldn't you back off a little bit? I mean we get the point." Brady and Moss will share co-MVP's, but they will say that the award belongs to the offensive line and defense. Then, we can all get ready for an NBA All-Star Game that will feature the Boston Celtics versus the Western Conference.

15 Questions for 1851

By Lakeisha Gerald
Entertainment Editor

1. Can we have microwaves?
2. Where is the roommate I requested?
3. Why did they make the salad bar smaller?
4. Why does the shuttle run only in the evenings?
5. Where is my advisor?
6. What channel is BET?
7. Where is the Health Center?
8. Does anyone listen to the radio?
9. What channel does ANTM come on?
10. Why do you shower without flip flops?
11. Can I get my bed lofted?
12. Where is the party?
13. When is Thanksgiving vacation?
14. Why didn't people prepare me for college?
15. Where can I get groceries?

The Ever-Flowing Peace Vibe

By Sean Keller
Sports Editor

year old Dorchester native, basketball player, and the son of a reverend, was mistakenly killed by a gang member while playing outside his front door last week. Stephen did not knowingly associate with anyone connected to gangs and he went to church every Sunday. He simply couldn't survive the violent nature of his community, which has claimed forty-seven other kids under the age of eighteen in Boston this year.

We can stop this violence by passing on peace to as many people as possible and we can also do it with money. If every student donated one dollar per week to The Stephen Odom Fund, just students at Lasell would raise about \$1,000 per week for this cause, or about \$7,000 by the end of the semester. Even if you don't donate money, remember: "keep the peace vibe flowing."

Lasell Goes Green

By Laura Thomas
Features Editor

The Green Campus Task Force, which was created by Lasell's new President Michael Alexander, is making its debut on campus this fall. Stepping up and accepting social responsibility will be priority number one as this group works to improve our environment.

Chaired by Biology Professor Steven Sarikas, and comprised of faculty, staff and students, the Green Campus Task Force will work to improve recycling, energy savings, water use, large event waste management and student and community education as well as staff participation. However, the group will not be working alone, as additional support and resources will be coming from the city of Newton, the state and federal government,

environmental experts and other academic institutions.

Hopefully, as the Lasell College community comes together in this effort, the potential for even greater changes will arise. This includes the possibility of Lasell College signing the American College and University Presidents Climate Commitment. If agreed to, Lasell would pledge to eliminate our campus' greenhouse gas emissions over time by participating in short and long-term goals.

The Green Campus Task Force was born out of the real and imminent threat of global warming. With that in mind, President Alexander established this group as one way to introduce students to the Environmental Studies Program slated to begin in the fall of 2008.

If you are interested in becoming involved in the Green Campus Task Force, or for more information, contact Professor Steven Sarikas @ ext. 2114.

Getting to know new faculty

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González-Marte: From Page 3
Debra Pace



Not too surprisingly, Pace is a sports fan, with college football and Major League Baseball among her favorites to watch on TV. She considered herself to be a fanatic fan of St. Louis Cardinals, but admits that if she has to choose between the Boston Red Sox and the New York Yankees, she would prefer the Red Sox over the Yankees.

When it comes to her favorite television

shows, Pace watches sports programs such as "Baseball Tonight" and "SportsCenter" both on ESPN. Of course, she also leaves time for what she refers to as "all the law shows"— "Law and Order," "Cold Case," and "Without a Trace." Thursday's nights are for "Grey's Anatomy" while "Survivors" and "Rock of Love," are among the list of recently watched reality shows. You might find her watching these shows while eating her favorite foods, pizza or ice cream.

When asked what she considers to be unique about Lasell College, Pace referred to the sense of community. "In the past, I have worked in departments and have not spent much time with others throughout the college. At Lasell, everyone is considered a member of the community and everyone is interested in helping individuals (students and faculty) achieve success. There is also a 'students come first' mentality here which is very different from many big research universities."

Jennifer Chakroff

By Iván González-Marte
News Editor

Jennifer Chakroff is one of eight new full-time faculty members joining the Lasell community this semester. Chakroff grew up in Michigan, where she received her M.A. and B.A. degrees in Communication. She comes to Lasell about a month after completing her PhD at Ohio State University.

"I think I bring an energy. I really think I'm enthusiastic to get to know students better and understand where they're coming from," says Chakroff when asked what she considers being her contribution as a new member of the Lasell Community. She prefers to make her classes as interactive as possible while, at the same time, using "real world" examples in the discussions. One of her goals as a professor is to design lesson plans based on the students' needs. "The more I get to know the students at Lasell the more I can adapt my teaching style to fit them. I think I have a really open door policy. I like people to be able to stop-in and see me and I love getting feedback."

In addition to serving as an Assistant Professor for the Communication Department, Chakroff will also be leading a new initiative, Speaking Across the Curriculum. Chakroff is confident that she brings new ideas to this program which aim at helping students improve their public speaking skills with the help of a speaking coach as well as trained tutors. "I used to hate, passionately hate, public speaking so I can really understand people that are nervous about doing something like that and I enjoy helping people get to that next level where they really want to speak outside the classroom and engage in public speaking events..."



Chakroff admires her parents for overcoming difficult situations as they set-up goals for themselves. She remembers how her parents encouraged her to set-up goals so she would commit to reach them too. Chakroff is thankful for what her parents taught her because it "...is something that doesn't go away, is something that you can always use, and is always important to whatever you are doing to have goals and have new directions and constantly encouraging yourself to develop further."

Coming from the Midwest, she admits getting used to what she calls "the Red Sox craziness." Chakroff is not only a sports fan, but she was also a swimmer herself. In her free time, she likes to spend time with family and friends. You might find her listening to Latin music, jazz or even salsa dancing. She is a fan of "Lost," "How I Met Your Mother," "Grey's Anatomy," "The Daily Show," and even old shows you might have never heard of such as "The Cosby Show," "Who's the Boss," and "The Facts of Life." Chakroff is also a long-time fan of the infamous animated television series "The Smurfs."



Gillman: From Page 3
Tore Terrasi

Who was your favorite baseball player?

"At the time, as much as I hate to admit it, it was a Yankee. It was Don Mattingly. He was my hero, he was like...the best. But, I have been a life-long rabid Red Sox fan!"

How did you get into this profession?

"Um.... there's a long version and short version. When I got to college I didn't know what I wanted to do. I had a suitemate who was studying art and animation. I went to the computer lab with him on occasion and I saw what he was doing and the other classmates were doing. And I thought it was really cool. I'd help him brainstorm and come up with ideas. A few years later, I decided to change my major to that. Cause I thought I wasn't satisfied with studying Business, which was what I was studying and English. English was a little bit creative for me, but it wasn't creative enough. I always felt I was creative but didn't know how to use it. Once I realized that it was possible to have a career in a creative field, I got into it. The reason I got into Graphic Design or Animation it was because it used the computer. I was fearful of drawing, because I didn't have any training in drawing and I didn't have a portfolio coming out of High School. So I was like 'Well I might be able to fake my way through design, using the computer. Where it creates the form for me, I just have to position it. I learned it was much more complex than that, after the fact. That was my thinking

Lori Rosenthal

By Laura Thomas
Features Editor

This year, Lasell College welcomes Professor Lori Rosenthal to the Social Sciences department. After seven years in the department of Communication Sciences and Disorders at Emerson College, Professor Rosenthal comes to Lasell in hopes of employing the Connected Learning philosophy as a strong advocate of hands-on learning. She looks forward to involving students in actual psychological research rather than just the usual classroom discussion. It is her foremost goal that everyone loves learning about psychology as much as she does.

Professor Rosenthal brings with her a world view, as she has lived in Denmark and traveled to Russia and

at the time, 'I can't cut it as a painter or drawer, and I can't do that to save my life.' Since then I've learned, I've gotten better, of course, I'm teaching a course in it. But at the time I didn't know."

What hobbies do you have?

"I have a lot of hobbies. I still try and stay pretty active with playing some sort of sport, soccer or street hockey. I'm a musician. I play guitar and bass. I just got an Asian zither instrument; I'm trying to pick that up as well. I play chess; the problem is I don't have anyone to play against. Sometimes I can find someone who can play. I still collect baseball cards, like a kid. (Laughs) I still have a collection that I actually still engage in it. I think since becoming really serious in arts, all forms of art have become a hobby and a career. Art is so encompassing. You can't just do it eight hours a day, and not do it the rest of your life; either you are living it or not. So anything that is artistically related, I would consider a hobby."

What are you most proud of in your design career?

"I'm most proud of some of the things I've done with animated letters. Where I actually created letterforms that need to exist in a time-based medium. So like, the letters might be 3-dimensional letters that need to be rotating in order for you to read them. Or letters that start off legible, but as time goes on they morph into something illegible. The motion of the letterform breaks down or builds up legibility, and you need a time-based medium to do that. I really haven't seen many or anybody doing it quite like that. I've haven't seen a lot out there, of people who are designing time-based mediums, so I'm pretty proud of that."

What is your favorite typeface?

"(Laughs) Besides the one I've created. I like Baskerville, Baskerville is really nice, I also like Minion. For a sans-serif typeface, I would have to go with Futura. It's so nice and geometric."



around Europe including Poland and Italy. However, these days she resides stateside and devotes most of her "free" time to her six-year old twin boys and their adventures. When she does find time for herself she loves to cook and bake, curl up with a good book or always a fan of a happy ending—sit back and watch her favorite movie, "The Parent Trap."

Horoscopes

By Lakeisha Gerald
Entertainment Editor

Aries

From the 8th forward, improved relations with a close partner figure. Communication is effortless now and this feeling will help strengthen your bond. You and your relationships are working with, instead of against, each other. Love blossoms all month. Although work in and around the home is a focus, you are likely to encounter obstacles on the home front. Domestic projects could reach a standstill, for example. Money matters are more successful with a partner or through social connections. You are driven to improve your personal image and appearance, and there is no better time to make lifestyle changes.

Taurus

Your working life improves dramatically this month. A sense of peace regarding work and health routines puts a spring in your step. Career and reputation matters move forward, and progress is tangible. You are more popular than usual, both on the job and in your personal life. Pleasing social activities and perhaps even love can be found through your work. Your ideas, mental pursuits, and plans don't seem to get off the ground in the second half of the month, however. This is likely because you are given to second-guessing your hunches.

Gemini

The most satisfying elements of your life in November are romance, pleasure, and creativity. Work and career come in second place, as previously blocked work projects move forward and career doors open. Domestic matters improve, although increased responsibilities with family also figure. Tie up loose financial ends before the 15th. In the second half of the month, financial projects won't get off the ground as smoothly. Control urges to spend impulsively and review your budget. While friendships may be confusing this month, love is romantic, straightforward, and pleasing.

Cancer

There is nothing quite like the peace we derive from a smooth-flowing domestic life, and this is what lifts your spirits this month. It's an excellent period for entertaining from your home. However, getting your personal projects into motion may be a lesson in frustration from mid-month. Impatience works against you in obvious ways now. Others may find you hard to reach as you review your plans and revise your goals. Career opportunities find you, but you could be on the fence. Expect more opportunities than usual to enjoy leisurely activities in November.

Leo

Mental pursuits, communication, and relationships with acquaintances run especially well this month. Delays lift, and you are able to sweet talk the birds from the trees if you so choose. Career matters are strong. Second-guessing your own usually awesome hunches from mid-month can leave you feeling doubtful about the viability of personal projects. Caution is in order until the fog lifts. Domestic matters demand attention, and you are likely to enjoy your home life more than usual. November is a comfortable, easygoing month for you, Leo.

Virgo

A sense of peace about your personal finances boosts your overall mood. Spending on frivolous items may be a lure, but you deserve some pampering. It can be hard for you to work together as a team, or to feel a strong level of camaraderie with friends, from mid-month. Some misunderstandings with friends or colleagues is possible. November is a busy month for you, with plenty of phone calls, emails, and errands to keep you on your toes. Balancing professional and personal demands becomes a necessity in the last week.

A Definite Difference

By Nyndia Diligent
Contributor Writer

Unless you've been living under a rock for the past few months, then you must have had heard about the Kanye West and 50 Cent feud. If you haven't, the quick rundown is that 50 Cent, a notorious rapper, challenged Kanye West, a hip hop artist, to sell more records than him. If Kanye outsold 50, then 50 would quit the rap game and retire. In some news reports, Kanye claims it was he who challenged 50 Cent.

The two planned to drop their long awaited albums on the same day, while everyone waited impatiently to find out who'd win. Almost a month after the album's release, it's been a clear consensus that Kanye West won, outselling 50 Cent by over 300,000 copies.

Enough time has passed for fans to form their own opinions about the two albums. There is a definite difference between the two albums.

Curtis by 50 Cent (2007)

50 Cent's latest release was definitely a step up. He has always been one to glorify the "gangsta" lifestyle. Songs like "Fully Loaded Clip" and "I'll Still Kill" flaunt drug and gun use. 50 has never been one to hold his punches. His lyrics are raw and gritty. Writing from personal experiences, he can relate to a vast group of listeners. From the hood to Rodeo Drive, you'll often hear this album being blasted out loud. Hits like "Ayo Technology" and "I Get Money" are played in nightclubs all the time. Although his beats are catchy, his lyrics are often derogatory towards women. He also makes jabs at other artists and I found most of his songs to have strong sexual undertones.

One might say that he follows the modern day rap success recipe: mixing women, cars, "bling", guns, and money to build a rap empire. But I must say that "I Get Money" gets the award for best hype song of the year. No matter what party I'm at or which car I'm driving in, the beat always gets the place going.

Graduation by Kanye West (2007)

Kanye West's winning album is hip hop at its

IF MICROSOFT/
Mac BUILT CARS...

By Lakeisha Gerald
Entertainment Editor

- Occasionally, your car would die on the freeway for no reason, and you would just accept this... Restart and drive on.
- Occasionally, executing a maneuver would cause your car to stop and fail and you would have to re-install the engine.
- When you try to rush through traffic your car would stall and freeze and you would have to restart the car.
- Mac would make a car that was powered by the sun, was reliable, five times as fast, twice as easy to drive - but would only run on 15 percent of the roads.
- The airbag system would say "are you sure?" before going off.
- The Mac car owners would get expensive Microsoft upgrades to their cars, which would make their cars run much slower.
- The oil, gas and alternator warning lights would be replaced by a single "general car default" warning light.
- Every time they repainted the lines on the road you would have to buy a new car.



© Rolling Stones

finest. His lyrics are thought provoking and unique. In an interview with Rolling Stone, he said that his music is for inspiration more than anything else. The song "Stronger" has a great message for his listeners, both young and old. Kanye is famous for his ego which has gotten him into trouble at times with fans.

Unlike most artists who attempt to stay humble, Kanye has always been one to flaunt his ability and success. Songs like "Can't Tell Me Nothing" are a perfect example of what happens when fame strikes. But "Big Brother" shows his softer side. He gives props to his mentor Jay-Z, who helped make him become the success he is today.

Kanye's beats are catchy and I personally find his lyrics to be less offensive compared to others. "Everything I Am" makes this album feel like a personal diary as he references events in his career and life. "Can't Tell Me Nothing" wins the award for best song on this album. I can put it on repeat all day and still love it the next.

Sudoku

Sudoku doesn't require any special math skills or calculations. It is a simple and fun game of logic.

Fill in the game board so that the numbers 1 through 9 occur exactly once in each row, column, and 3x3 box. The numbers can appear in any order and diagonals are not considered. Your initial game board will consist of several numbers that are already placed. Those numbers cannot be changed. Your goal is to fill in the empty squares following the simple rule above.

5	2		6
8	7	9	3
4	6		
9	5	4	8
			7
8		5	6
		4	9
		2	9
9	1	6	7
6		8	7

1		3	
		5	3
8	5		
6	7	9	
7	2	4	6
		7	8
3	9		
4			6

Horoscopes*continued***Libra**

Personal popularity increases dramatically this month -- you are in your element, and others can't resist your natural charm, particularly from the 8th forward. Toning down aggression on the job will do wonders--otherwise you could find yourself butting your head against a brick wall. Be patient! Delays with work projects are likely for the next few weeks. Slow and steady wins the race. Love opportunities arise on the 18-20 (although some tension and conflict is involved) and the 25-26. Finances are strong all month.

Scorpio

A feeling that you have been missing important information, or that secrets have been kept from you, lifts this month and you are more confident about your perceptions and hunches. Love this month is privately delicious. Romantic secrets and sacrifices keep you feeling vital and irreplaceable. Career opportunities continue to seek you out. Friends are more demanding of your time, but increased social responsibilities make you feel needed! From the 15th, avoid making travel or educational plans--try to wrap these matters up in the first two weeks of November so as to avoid delays.

Sagittarius

The ability to count on friends in time of need carries you this month. Friendships flourish, and any missed connections or disagreements with friends become things of the past in November. If you need financial support, try to squeeze it in before mid-month, when delays and snags with finances can become an issue. You are heading towards a personal peak in December, when rewards for your efforts are tangible. Some rest and relaxation may be in order until the last week of November, when the pace of your life speeds up considerably.

Capricorn

Any misconceptions and frustrations on the career front clear up beautifully this month, dear Capricorn. Career and reputation confusions lift, and others read you loud and clear. Your agenda is fairly hopping, and struggles with a partner from mid-month could threaten your need for peace and quiet. Everyone else except you seem to be in the driver's seat this month, or you could find a partner is passively aggressive and demanding now. You will need to cultivate patience in order to avoid frustration. Concentrate on your work, which is blossoming and especially fruitful.

Aquarius

Travel plans, education, and other mind-expanding activities are strong in November and keep you smiling. Your adventuresome spirit and faith in life attract others to you. Attention to your career is necessary this month--you simply can't escape attention or the demands of colleagues. Some frustrations on the job are likely. You will need to tone down your impatience with slower co-workers and stalled projects. Communication mix-ups are the source of friction, so check and double-check your work and insist others make themselves perfectly clear. Romance will blossom from the dates of 21-26.

Pisces

You may be uncharacteristically aggressive or rash in affairs of the heart, tendencies that need to be kept in check especially after mid-month. Romance continues to be a strong focus all month--there's absolutely nothing light or superficial about your feelings and those of a love interest. There may be some financial complications in November, but shared resources are strong. Opportunities for travel and education figure. Attention to family and personal matters is required in the last week of November, even if career demands run high. Grab opportunities on the 25-26.

Children's Books You'll Never See

By Lakeisha Gerald

Entertainment Editor

- You Are Different and That's Bad
- Pop! Goes The Hamster... And Other Great Microwave Games
- Testing Homemade Parachutes Using Household Pets
- Curious George and the High-Voltage Fence
- Things Rich Kids Have, But You Never Will
- The Care Bears Maul Some Campers and are Shot Dead
- Controlling the Playground: Respect through Fear
- Strangers Have the Best Candy
- The Little Sissy Who Snitched
- Some Kittens Can Fly!
- Where Would You Like to Be Buried?
- The Attention Deficit Disorder Association's Book of Wild

Animals of North America- Hey! Let's Go Ride Our Bikes!

- The Kids' Guide to Hitchhiking
- Mr. Fork and Ms. Electrical Outlet Become Friends
- Whining, Kicking and Crying to Get Your Way
- Your Nightmares Are Real
- Places Where Mommy and Daddy Hide Neat Things

Sarabeth Golden

Christina Rossi

Chief Editor

Professor Sarabeth Golden comes to Lasell as an assistant professor of psychology. She says that she has always been interested in human nature.

"I have always been curious about human nature, about what makes one person similar to and different from another. I come from a large family and wanted to better understand how my upbringing and family history contribute to who I am and the choices I make," says Professor Golden.

Any course with Professor Golden is sure to be interesting. She says that she brings her sense of humor and enthusiasm for learning into each course.

"Sometimes my

lectures feel like stand up comedy. I promise you'll learn something, though!" comments Professor Golden.

Professor Golden has a lot of teaching experience on the collegiate level. She has taught at both Suffolk University and Illinois State.

In addition to teaching, Professor Golden enjoys reading, especially John Irving novels. She also loves live music and if she could be anything besides a psychology professor she would be a writer.

"I still tell people that I will be a short story writer when I grow up," says Professor Golden, "I think I'm just waiting to get enough material."

Hortense Gerardo

By Camille Gillman

Contributor Editor/Graphic Editor

What did you want to be growing up?

I wanted to be grown up!

What hobbies do you have? What other hobby would you like to pick up?

My dictionary defines a hobby as something that a person likes to do or study in their spare time. What is "spare time"?

What was the last movie, book, song you watched, read and listened to?

American History X (still powerful the second time around)

PNIN by Vladimir Nabokov

Dirty old egg-suckin' dog by Johnny Cash at Folsom Prison

How did you get into your profession?

I started with questions that really interested me. As it turned out, the most interesting way for me to find answers to those questions, was to pursue the work that I do.

How many languages can you speak, and what other languages would you like to pick up?

Fluent in one - Purportedly, English
Conversant in two - French, German

Understandable in two - Tagalog, Ilocano

Annoying in several - Italian, Spanish, Dutch, TWI

I would like to learn Japanese and Portuguese

What do you do to relax and where is your favorite place to relax?

I like to read in my reading chair.
WOOHOO!

What are you most proud of in your career or profession as an anthropologist?

I think of Anthropology as a way of seeing the world. I'm glad to be able to share this perspective with other people, whether as a professor, as a business consultant, or as a writer.

What other career would you of liked to take on?

I would have liked to be a painter. Too bad I can't draw. Nor paint.



Women's Soccer is Back!

By: Ricardo Sanon
Assistant Sports Editor

After finishing 4-14 last season, all hope seemed to be lost for the women soccer team. But little did everyone know that we were wrong, very wrong. This year's women's soccer team has seen a new light and is making some noise in the league. Over the summer, there were many new additions to the team. First was the league change as the Lasers left the North Atlantic Conference (NAC) and joined the Great Northeast Athletic Conference (GNAC). Next was the hiring of head coach Vito LaFrancesca. Coach LaFrancesca reenergized this team with his great knowledge of soccer. He also brought along with him assistant coaches Jim Swift and Patricia Auld. Can you say "Coach of the Year?" The Lasers also have a very good freshmen class who came ready to play. Girls like Jessica Wainwright, Allyson Bushey, and Courtney Bothers. These ladies have made a major impact on this year's team. But how can we forget about the key seniors such as Nicole Ruggerio, Christina DeLuca, Ann Pasterczyk, and Anna Torvi. All of the ladies on the team have stepped their game up to become competitors this year and trust me, they mean business. The Lasers are 7-3 in the GNAC and 9-4 overall.

Men's and women's cross country off to good start!

By: Ricardo Sanon
Assistant Sports Editor

This year's men's and women's cross country teams are off to a good start in the new more competitive GNAC league. The captains for the men's and women's teams are Andrew Gundlach and Kayla McKenna respectively. They have shown great leadership and also solid times at meets. The Lasers hope to be as successful in this season as they have been in the past.

New Soccer League: Who Cares?

By: Ricardo Sanon
Assistant Sports Editor

The men's soccer team started this season just like they ended the last one, by winning. They left a mark on their old conference by winning the NAC Championship. This year in the GNAC they have plans to do the same. The Lasers returned 16 players from last year's championship team. They also added a very strong freshmen class. The Lasers are an all rounded team that consists of great defense from Brandon Hanss, Matt Changon, and goalkeeper Julian Dutton. Every good defense must have a great offense. They are led by Captain Zach Gagne and freshman midfielder Stephen Petrin. The men's soccer team is solid and it shows as they are number two in the GNAC conference in their first year in the new conference and are ranked 9th in New England. The Lasers' head coach Giovanni Pacini got his 100th win this season as coach of the soccer team. The Lasers are 7-1 in the GNAC and 8-5 overall.

Women's Volleyball Struggles

By: Ricardo Sanon
Assistant Sports Editor

After making it to the NAC Championships five years in a row, the women's volleyball team may have some trouble doing the same in their new league, the GNAC. The Lasers are 3-2 in the GNAC and 5-16 overall. Home court advantage has also not helped the struggling Lasers as they are 0-5 at home. Though the team plays hard and fight for every match, they are unable to finish out games and hold off teams at the end. The Lasers are young and led by three key seniors; Krystal Ortiz, Caitlin Cooper, and Katelyn Rasich. The lasers have six games remaining in their schedule and are fifth in the GNAC standings.

Uh Oh Here They Go!

By: Ricardo Sanon
Assistant Sports Editor

After a very good season last year, the Field Hockey team looked to do the same this year. But with the loss of six starters from last year's team, it would be a challenge for everyone on the team. The beginning of the season was a bit of a struggle for the young Laser team. All of their games have been close so far this season, due to the explosive scoring of sophomore forward Caitlyn Walker, but the Lasers haven't been

able to hold on to win. Injury to senior back Rachael Johnson has also made a difference in the games. She provided leadership and solid defensive plays to the team. Coach Jessica King has worked out many different line ups and strategic planning that she hopes will help this team start winning again. As the confidence from these ladies arises, another playoff stint seems promising.

	Conference					Overall				
	GP	Record	Win %	PF	PA	GP	Record	Win %	PF	PA
Husson	5	5-0	1.000	30	3	11	8-3	0.727	40	19
Castleton	7	6-1	0.857	26	8	14	10-4	0.714	36	18
Me.-Farming ton	7	6-1	0.857	29	2	12	8-4	0.667	35	11
Lasell	6	3-3	0.500	13	9	14	5-9	0.357	21	29
Simmons	6	3-3	0.500	11	14	14	5-9	0.357	20	30
Thomas	6	2-4	0.333	7	13	9	4-5	0.444	16	20
Wheelock	6	2-4	0.333	4	25	12	3-9	0.250	12	52
Elms	6	1-5	0.167	3	35	13	2-11	0.154	8	68
Becker	7	0-7	0.000	1	15	14	1-13	0.071	7	34

Basketball Preview

By: Ricardo Sanon
Assistant Sports Editor

The Men's and Women's basketball season started on October 15, 2007. Both teams finished their last season in the NAC very strong. This season, who knows what is in store for the teams from Lasell? The men's team has almost all of their players back, since there were no seniors on the team last year. The women's team lost their one two punch seniors but with a strong recruit class and new head coach Kelly Stubbs, they can make some noise in the GNAC. Watch out for on the basketball team during the semester and come check them out during Fan Fest on October 25, 2007.

Volunteer for Niños de Veracruz, Mexico Leaf Raking Fundraiser



Niños de Veracruz is a non-profit organization funding the educational needs of children in Mexico. Niños supports children in Coatepec and Orizaba by developing libraries and literacy projects at small schools with few supplies. Families in Coatepec depend on coffee crops and sugar cane for their livelihood and do not earn enough to provide basic nutrition and education for their children. With the funds raised, we distribute scholarships of \$200 to purchase educational materials and pay enrollment fees for grade-school children.

November 10,
2007
9am-6pm
Followed by a
pizza party

The Leaf Raking Fundraiser is an opportunity to raise funds to continue distributing scholarships to these children. Lawns begin at \$200 depending on the size.

Volunteers are more than welcome. If you would like to volunteer, have any questions, or are unable to volunteer and would like to make a donation, small or large, please contact

Laura Notarangelo at: lnotarangelo@lasell.edu.

Every little bit helps!



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Student Voices Panel on Immigration: Research and Conference Presentation

By Iván González-Marte
News Editor

Very often, one might not realize how relevant a topic covered on a national television or radio show can be to our community. Immigration, for instance, is currently a subject matter that generates interesting discussions among nationwide leaders, the media, and those who are seeking to be America's next president.

At the fifth annual conference of the New England Center for Inclusive Teaching (NECIT), Professor Marsha Mirkin and a small group of Lasell students led an open discussion about immigration. The conference, which was held at the University of Massachusetts Boston on October 20th, served as a platform to promote an understanding of immigrant student experience through student-led panels as well as conducting an intensive research.

The research included a survey developed by Professor Mirkin and two of the students, Mabel Valenzuela '07 and Merry Raubeson '08. The idea of the survey primarily resulted from "a different student voices panel" on immigration presented last year at Lasell. For Professor Mirkin, Valenzuela had fascinating ideas and thoughts on the topic.

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UMASS Boston; from back left to right: Mabel Valenzuela, Professor Marsha Mirkin, Merry Raubeson, Hafsa Lewis, Marian Salama, and Iván González-Marte

Live and Learn: Study Abroad!

By Laura Thomas
Features Editor



Samantha Billington did her student teaching in Papua New Guinea. Lisa Jesse went to Italy and Ivy Kemp interned at Harvey Nichols in London. Where do you want to go?

This semester, nine more Lasell College students are traveling and studying around the world in a variety of places, including the ever popular London and Italy. Next semester, that list will expand to include Mexico and Australia.

In order to study abroad, a student must go through an application

process which begins by meeting with Professor Tessa LeRoux, the Director of International Programs. From there you must talk with your advisor, fill out the appropriate forms, secure your visa, passport, etc. and make arrangements for your return. But don't be overwhelmed. Professor LeRoux notes that Lasell offers information sessions and study abroad fairs as well as pre-departure and re-entry meetings.

Continued on page 4

New This Fall: The Center for Spiritual Life

By Iván González-Marte
News Editor

What began as an idea with great potential has become a reality on the Lasell College campus. The Center for Spiritual Life was officially opened and introduced to the Lasell community this fall. Located in the third floor of the Edwards Student Center, it serves as a means to help students connect to the exploration of the spiritual and/or religious aspects of their lives. Rev. Barbara Asinger, the Center Director, works closely with students, faculty, and staff to ensure a supportive environment as they reflect on the meaning of their spiritual beliefs.

"I think that [spirit] is the last missing piece of real education and I think that development and education is about that. I also think that academic studies would certainly support it. That's a missing link in the life of college students and college students feel spiritual life is important," argues Rev. Asinger when asked what she thinks the Center brings to campus.

"I think that we live in a global world and I think that we often come at the world from our perspectives as members of the United States. Because of that, we often think that religion does not necessarily play a role. But, that is not the case in every culture and every country. Religion is central in some cultures and in some countries. In order for us to be part of this world, I think, one, we need to be educated about all that and have an understanding that moves beyond our own comfort zone about that and our own belief system...," says Rev. Asinger on the importance of having an understanding of all spiritual/religious traditions.

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Spiritus!
CAMPUS EVENTS:
Page 4



Photo by Fernando Pino

Advice for Seniors

OPINION & LETTER
TO THE EDITOR: Page 2

Far from Fallen:
Alicia Keys

ARTS & ENTERTAINMENT: Page 6

Time's Flying: Advice for Seniors

By Nyndia Diligent
Contributing Writer

"I have no concept of time other than it is flying"-Anonymous

This quote seems to describe senior year flawlessly. It's already December and some of us are running around like headless chickens. For some, the mere mention of graduation instills fear in our hearts. It's a scary thought knowing that we're almost half-way through the year. This leg of the race is almost over, and many of us aren't quite ready to say goodbye.

There are the things you won't miss, like dorm rooms, crazy roommates, cafeteria food, and 8:00 am classes. But despite all the "hardships," Lasell College is an amazing place that I'm truly going to miss. For my senior friends who have no idea what to do, here are some helpful hints that I've come to realize in the past few months:

Don't Let Senioritis Get To You!

I know it's tempting to skip a few classes. Or hit the snooze button for that 8:00 AM class, but you have to go. It's tempting to blow off a few assignments and not pass in the last paper, but you really should. Try to go out with a bang! I mean, you are paying for it; you might as well finish strong.

Check Out Your Loans

Some of us are going to be at the mercy of loan companies who are paying our way through college. It's good to be knowledgeable about your loans. Learning about the little details is quite important and will save you time in the long run. Drop by the financial aid office if you need to talk, they'll be more than happy to assist you.

Don't Say No to Graduate School

It's a creepy thought, signing up for more schooling, when you've just reached a huge milestone in your career. As much as no one wants to continue school, it's always good to have a backup plan. Graduate school can make a huge difference for you as well as your paycheck, so it's worth considering.

Use Your Resources

Make trips to career services or talk with a professor/faculty member. They've all been through it, so who better to give you advice about where you're heading in life? When it's time to graduate, it won't be as easy to hunt down the people that can help guide you in the direction you really want to go.

Polish Up Your Resume

It's time to grow up! I hate to say it, but it's true. If you haven't already, fix up your resume and make an appointment with career services. They can look it over and help you refine it. They also have great advice and are extremely willing to help you!

Hit the Pavement

This may sound silly, but visit a business that fits the kind of place where you'd like to work. If you can speak with a manager, ask him/her what he/she looks for in employees. Research companies and the industry that you're interested in because it will help you find the right fit for you. Networking is a huge part of the recipe of being successful. So if you're super shy, it may work against you. Try putting yourself out there. It never hurts to ask questions and you never know, you may end up making a good contact!

Curb Your Partying

There's nothing worse than a hangover right before a huge job interview. If your wild ways affect your ability to make it to class, then I can't imagine what it will be like when you have a job. Growing up doesn't mean having no fun at all, but it definitely means having less fun. Try to get your partying/drinking under control now. If you're having trouble doing it by yourself, then you should try visiting the health center. They have great resources as well.

Try to Relax!!!

Life is short! Don't worry! Be happy! Try to be optimistic in life. Find ways to get your frustration out. Whether it is jogging, sewing, snowboarding, origami, or yoga. We are all capable of tremendous things. The only thing holding you back is yourself. So love who you are, be confident, live life to the fullest and relax. Everything is going to be alright, and even when it's not. You can always call up your college buddies and vent! This really is only the beginning of the rest of our lives.

To the Editor:

In response to your October article "Children's Books You'll Never See", I was quite offended by the comment about ADD. I realize the piece was meant to be irreverent and humorous, but to mock Attention Deficit Disorder was very inappropriate, particularly in a college newspaper. As an assistant in the Academic Achievement Center and a mother of a child with ADD, I thought this comment to be extremely irresponsible. ADD is a medical condition, no different than blindness, deafness, or any other type of learning disability. I can't imagine anyone would be heartless enough to mock these conditions, and those afflicted with ADD should be given the same amount of respect and empathy.

Sincerely,

Elaine Rush Arruda

I would like to apologize for a joke I made in my article "Children's Books you'll Never See" in our last issue of The 1851 Chronicle. I did not intend for anyone to feel disrespected or offended. Please accept my apologies.

Sincerely, Lakeisha Gerald.

Politically Deprived

By Nyndia Diligent
Contributor Writer



During one of my classes, our teacher asked us if we knew the name of the president that followed after John F. Kennedy. I immediately wracked my brain, back to the days of middle school when I should have learned all this information. But no one really knew. When asked about our political views, most didn't really have any. The ones that did probably couldn't hold a political debate for more than five minutes. And, suddenly, something dawned on me. My generation doesn't seem to know much about politics. Now, I don't mean to generalize! It might be better said that most of my generation does not seem to know much about politics. I'm not quite sure if we've lost ourselves along the way. With Ipod's, MySpace, Facebook, reality T.V., etc. it seems as though we've lost touch with an important part of society that greatly affects us.

I've gone around and asked various people about their political views. I asked them how they felt about the war in Iraq. Most of them disapprove of the war and believe that our current president is, well I won't finish that statement. But if you asked them who they planned to vote for in the upcoming presidential elections, the only response I had was a blank stare.

I know people that are only voting for Barack Obama because he's African-American. I also know people that are only voting for Hilary Clinton because she's a woman. I find these reasons to be scary and unrealistic. There are issues such as student loans, global warming, poverty, genocide, health insurance, and abortion rights that affect millions of us everyday. I think that these issues and others might be lost in the shuffle, because some are so eager to see a women as president. Maybe if more of our generation were in tune with politics, we'd be more satisfied with the world we live in.

Now I don't mean to throw stones, because I have no idea who was elected president after J.F.K. I like to think I'm a very cultured and knowledgeable student. But for the second time (first time is reserved for math classes), I felt pretty stupid. But at the end of the day, I realized that it's my own fault. If I don't take the time to learn about politics and how it affects me, then I have no right to complain.

It is often said that knowledge is power. I suppose it is our job now, to empower ourselves. Do research, watch debates, discuss issues, read newspapers, and read books – these are the ways to discover more about politics. If you find CNN to be too dense (I know I do), then try watching the Daily Show or the Colbert Report on Comedy Central. You don't have to go far because Lasell has various groups and activities that allow you insights on the political world as well. At the end of the day it really is your choice, so maybe we should make better ones. By the way, Lyndon B. Johnson was president after JFK.

New Campus tradition: Spiritus!

By Iván González-Marte & Christina Rossi
News Editor & Editor in Chief



Student art work shown the night of Spiritus Photo by Fernando Pino



Emperor Norton's Stationary Marching Band performing for audience Photo by Maria Gneve

Connected Learning Symposium

By Laura Thomas
Features Editor

With over half of the student body and at least 40 members of the faculty participating in the upcoming Symposium, one can assume that a great deal of work goes into planning the event. From lining up presentations to garnering support for the program, Professor Nancy Waldron is the guiding eye.

This year marks the second time Professor Waldron has been in charge of organizing the Symposium. A proud sponsor of the event, she marks it as "an opportunity for students to display what they've done in class, a chance for them to show off." And show off they will.

This year's Fall Symposium will commence on December 10th in Yamawaki. From 4-6pm there will be a Gallery Opening and Kickoff including performances by the Lasell Chorus and Jazz Ensemble. Also on display will be artifacts from the Lasell Museum.

The main day of the Symposium, December 11th, will feature with morning and afternoon poster sessions in DeWitt Hall and midmorning student presentations in Sargent and Rosen. Shortly after lunch, there will be a live performance entitled "The Facebook Chronicles" on the stage in DeWitt Hall.

Other highlights of the Symposium will include a series of posters on global warming and an education resource fair. Internship presentations will include Camille Gillman at TJX, Christina Rossi at Citizens' Energy and Tom Francesconi at the Boston Celtics. Creative works by the graphic design majors will be on display in the Doran Lab.

The Lasell Community urges everyone to take part in the Symposium, whether it be by viewing the posters, listening to the presentations or just stopping by to enjoy the student work. A full schedule will be posted on MyLasell.

Upcoming Campus Events

Thursday, December 6th
MSU LYRIST LOUNGE
Campus Center – 7:30pm

Thursday, December 6th
1851 IN 1851
1851 – 10pm

Friday, December 7th
JACOBY ELLSBURY
de Witt Hall – 8pm

Presented by the Office of Student Activities & SGA

Saturday, December 8th
CaB New York City trip—
Leaves from Campus Center at 8:00am

Tuesday, December 11th
Connected-Learning Symposium

Wednesday, December 12th
Men's basketball game
7pm-9pm Athletic Center

Thursday, December 13th
HOLIDAY FEST
1851 – 11am-1pm

Presented by the Office of Student Activities & the Center for Spiritual Life

Thursday, December 13th
CAB MUSIC: MARK DE ROSE
Campus Center – 8pm

Friday, December 14th
CAB SUPER BINGO
de Witt Hall – 8pm

*Events are subject to change. Check MyLasell for the latest updates on location, time and subject.



Hello Lasell friends, my alias is Lasella and I am the new Advice Columnist for The 1851 Chronicle. I am NOT a professional doctor, but my advice is going to be honest, true to the heart and what I think is best. I will provide an outside view of your issue and give you the advice I would give myself. I am not here to tell you what you want to hear; I am here to tell you what you need to hear. So please, if you have any questions, issues, problems, send me an anonymous email to newspaper@lasell.edu and I will respond. Hope to get a letter from you!

New This Fall: The Center for Spiritual Life

González-Marte: From Page 1



Barbara Asinger, Director of Spiritual Life

Rev. Asinger is surprised at the Center's success in its first semester. "It's been incredibly busy; far more busy than I ever expected," she says. "We see a constant flow of students. What I see is wonderful; that's what I want. I'm so glad that students talk to me and see me and feel that they can talk to me. And what I want more than anything is for students to never feel judged, to feel accepted, cared for, and supported. And that it is not my place to do that [make anyone feel as if they are being judged] nor would I do that. My job is to help them to figure out what it is that they believe and what it is that they feel. And, if they see one choice, I may be able to help them see four. But, which road they take is totally their journey, it's not mine."

"I need to have the energy to be able to work seven days a week until ten o'clock at night," she says in a teasing mood when asked what areas the Center needs improvements. Even so, she expresses several ideas about what she envisions for the Center as it grows. "My hope is that next year we could have just a little physical room that allows for group work as well because the physical space gets small sometimes when we are trying to do groups. That's the biggest challenge I have sometimes and that's a great challenge to have. Maybe at some point down the line as we grow, we can have either student interns or advisees that are within a specific faith tradition that help create other kinds of programs..."

The space that is now used as Rev. Asinger's office and the Center was the former mail room. The room is certainly a lot different from what it looked like the previous semester. Rev. Asinger was

given the task to decorate the space. Words such as peace, kindness, hope, and care decorates the walls. There are also messages and phrases such as "Enter as strangers, leave as friends."

"I thought long and hard about the idea that the space needed to be where students feel a sense of calm, a sense of inclusion a space that is welcoming, and all of that is about hospitality. My personal belief that hospitality is really important in life and it is really important in spirituality and religion."

Before arriving at Lasell as the Director for the Center, Rev. Asinger served as a Chaplain at Tufts University in Medford. For Rev. Asinger, her career wasn't her choice; rather it was chosen. She always considered herself a spiritual person and, while working rape victims and homeless persons, she decided to follow a pathway of ministry to others.

Rev. Asinger has an inviting message for those who have yet visited the Center. She encourages anyone feeling the need to talk to her to stop by her office at Edwards Student Center or make an appointment by email or the Administrative Assistant located inside the Counseling and Health Centers. "Please, stop in, to have a cup of tea or coca, and realize you can just explore it [the center] and look in and put your toe in without worrying that there's an agenda on my part. I only want to support students and they get to define what that looks like, not me."

The author wishes to acknowledge that Arts & Entertainment Editor Lakeisha Gerald contributed to this article.

Student Voices Panel on Immigration: Research and Conference Presentation

González-Marte: From Page 1

Thus, she became interested in knowing whether Valenzuela's thoughts were shared with other immigrant students like her. In the following months, Valenzuela, Raubeson, and Professor Mirkin met several times to generate a survey based on what students have said in previous student voices panels. The survey was administered on campus once it was created and approved by college officials. In order to obtain results from a wide variety of individuals, Valenzuela along with Tabatha Torres '07 also administered the survey at Tufts University.

The possibility of presenting the preliminary findings at a conference did not occur until spring 2007.

"I received an email on campus saying that this conference existed and when I read about the conference it sounded perfect for us because it's about inclusive teaching and to me inclusive teaching isn't just teaching the textbook, it's teaching to the students in the class about expanding their personal perspectives and their perspectives of the world and so an inclusive teaching conference seems to be a great start," stated Professor Mirkin about her involvement in the conference.

"...the immigration panel brought an awareness of the immigrant experience to students who aren't immigrants and also gave an opportunity for immigrants to voice their own ideas and thoughts," said Professor Mirkin. "I really want the community to understand the strengths and resilience of immigrant students as well as the challenges that they faced and the best people to share that are students that are going through the experience..."

"Immigrant children very often have more responsibilities to their family of origin because of the

mutuality and the loyalty being so core value. So, they may find themselves going home to help more. If we understand that's a core value then we can work with the student about how to manage the workload when they are also contributing at home," commented Professor Mirkin when asked of the importance in understanding immigrant student experiences, especially by Lasell faculty. She believes that the survey opened up to more perspectives and for immigrant students. In particular, it may have opened up feelings as opposed to keeping silent.

"The conference at UMass was one that I am really excited to have been a part of. It helped me realize different views different individuals may have; the influence education has on an immigrant as well as their family. I have been able to talk with fellow students about my experiences, but having mostly professors as our audience helped me learn so much more about myself as well as other students," said Marian Salama, a senior majoring in Legal Studies and one of the panelists.

For Hafsa Lewis, a junior majoring in Psychology and also one of the panelists, "the experience was really enriching and it was a completely different experience than sitting in front of our peers talking about immigration as opposed to sitting in front of professionals in the field."

Professor Mirkin is confident in the success of the presentation. She recalled receiving at the end of the presentation a verbal feedback in which an organizer of the conference expressed interest in using the presentation summary when they advertise their program. Professor Mirkin, who was pleased with the students' performance, acknowledged her gratitude to them.

Live and Learn: Study Abroad!

Thomas: From Page 1

Most students study abroad in the fall of their junior year although if athletics or another such commitment conflicts, they can appeal to study abroad at another time. All majors are welcome to study abroad; it just may take a little more planning for some. While Lasell financial aid currently does not transfer to the study

abroad program, all state and federal assistance does. Some of the programs actually cost less than a semester at Lasell. Beyond that, there are a variety of scholarships available to students wishing to study abroad.

Studying abroad is a unique experience embraced by students around the globe. Whether you go for the academics, the experience, the people or even the food- as Professor LeRoux says, "Just go!"



Niños de Veracruz's Lawn and Leaf Raking Fundraiser: Success Beyond Expectations!

By Iván González-Marte
News Editor

With more than 35 volunteers, Niños de Veracruz's Leaf Raking Fundraiser turned out to be a success beyond expectations. November 10th was rather a pleasant day for outdoor activities requiring lots of exercise. Strong dedicated teamwork resulted in eight hours of work and a grant total of \$3100. That incredible amount of money will make possible for 15 children in Mexico to attend the 7th grade, proof that every little bit helps.

"This is a wonderful and ultimately very crazy event, rounding up over 35 volunteers, arming them with rakes and sandwiches and then carting them all over Newton, Weston and Dedham! But sore muscles make big gains for charity. Our work makes a world of difference for the children in the traditional ejido school Jorge Cerdan in Coatepec, Veracruz," says Stephanie Athey, Director of the Mexico Shoulder to Shoulder program.

Mexico Shoulder to Shoulder's co-leader Lydia Pittman echoes that same notion. "A group of



students working for just one day raised enough money to keep 15 children in school! It felt great to be out in the community meeting our neighbors and showing them that Lasell students care, and are willing to work hard for a good cause."

Members of Niños de Veracruz/Mexico Shoulder to Shoulder would like to extend its gratitude to everyone who generously contributed to this event. On a personal note, I would like to point out that this article not only informs our community about the event, but also encourages everyone to get involved and see for themselves that their actions can make a difference.

If you'd like to volunteer or contribute in any way, send me an email at igonzalez@lasell.edu or Stephanie Athey at sathey@lasell.edu.

Giving Back: America Reads and Second Step

By Nyndia Diligent
Contributing Writer

Here at Lasell College, we pride ourselves in the many attempts we make to connections with the community, which is a significant factor in the beliefs of this institution. As we all know, it takes great consideration and some sacrifice to step outside of your personal bubble and try to assist others who may need help. Through some forms of community service, we are able to connect with those who are less fortunate. Service to others is also a catalyst that allows us to realize what is possible if we put ours mind to it.

As for myself, I was extremely lucky to be adopted into the "community service family" here at Lasell. My work on campus and in the community has helped me grow tremendously as a person and as a student. It is an amazing feeling knowing that a simple small task could change someone's life. All it takes is time, effort, and care. Through the Center for Community-Based Learning, I have stumbled upon two of the most amazing programs that truly helped shape the person I've become. Not only did these programs inspire me, they allowed me to give back to those who are often forgotten or pushed aside by society. These ground-breaking programs are worth joining and, if you do, I truly guarantee it will change you for the better.

AMERICA READS/AMERICA COUNTS

During my freshman year with the advice of an orientation leader, I applied for a position as a tutor for the America Reads program. This tutoring program takes place at several middle schools in and around the area of Lasell. We would go twice a week to tutor children in their reading comprehension skills. Not only did we do school work with these youngsters, I soon realized that we were also becoming mentors to these kids. For the most part, they were extremely excited to have us around. It soon became clear that they looked forward to our weekly sessions. As much as we

taught them, they also taught us. I enjoyed the program so much that I stuck with it for the rest of my time here at Lasell. I worked my way up from being a tutor to a head coordinator. We've all become a tight knit family and, although the members often come and go, we still remain close. As of last year, there was an addition to the America Reads program called America Counts. Tutors who are proficient in math go to the same schools and work with kids on developing math skills as well. I encourage you to sign up for one of these tutoring programs. Even if you sign up for just a semester, it really can change your life as well as that of a child's.

SECOND STEP

During the 2006 C.C.B.L. Awards Banquet, I learned about the Second Step program. Started in 1991 by four women who were familiar with domestic violence, the program has grown tremendously. As time passed, they have been awarded several grants that allow them to continue aiding women and families suffering from domestic violence. Twice a month, the mothers in the program receive life coaching. While they do this, a group of Lasell students take care of their children. We perform fun activities with them, that allow them to take a break from their sometimes erratic lives. In order to be in the program, you have to go through training sessions that provide you with a better understanding of what these families go through. Working with the kids is absolutely amazing. Although they leave you completely tired by the end of night, it really is worth it. You become their mentor and a positive force in their lives. This is crucial to anyone's personal development. I've only been part of the program for a semester, but it feels like I've been doing it much longer. If you're interested in making a difference, consider volunteering for this worthwhile program as well.

If you have any questions or want more information about getting involved, then you should get in touch with Sharyn Lowenstein and Melissa Martin. Their office, The Center for Community Based Learning, is located in the basement of Potter Hall on Woodland Road.

Horoscopes

By Lakeisha Gerald
Entertainment Editor

Aries

It will be a better time after the New Moon in Sagittarius on December 9; however, there will still be some unstable forces to contend with. Pay attention to organization on December 10 and 11. December 13 will be excellent for creative thought and your hunches will be accurate. On December 17 your attitude will be fantastic and your mood elevated. You will have to take care with details this week. Your thoughts will turn to serious matters on December 19 and 20. You'll also find that you'll be able to explain detailed concepts to others with ease. A Full Moon in Cancer on December 23 will leave you feeling vulnerable and, in your opinion, weak for a few days. Because of insecurity you'll have the tendency to argue with or bully others. By the end of the month you'll have to work harder to please someone close to you.

Taurus

You'll feel productive on December 10, but the next day personal matters will be distracting. Throw yourself into work on December 12 so you can clean up outstanding tasks before the holidays. Fantasy and daydreaming will waste valuable time on December 14, but you can be productive if you shift your thinking about your future goals. On December 18 adjustments will need to be made in your personal life due to changing circumstances. You'll need to push this week to clear up projects before the new year. You'll be optimistic that this can be accomplished and confident in the results. But a lack of concentration coupled with personal plans could be your downfall. Be realistic about what you can finish this month and only take on what is achievable. This applies to both business and personal matters. Stress will come from feeling overwhelmed and ineffective. You'll get your second wind by the weekend of December 22 and feel more in control. Make a list and follow a plan for successful completion of everything. In the end you'll feel satisfied with what you've accomplished.

Gemini

Brace yourself for unsettling change on December 10. Your powers of persuasion will help you win people over on December 11, but don't come on too strong. Share your great ideas with someone you trust on December 13 and 14; some of them will be innovative and inspired. Be adaptable on the weekend of December 15 - don't make too many solid plans because you'll just have to change them. Watch out for mental tension on December 19 and get enough rest. Your perception will be keen on December 19 and 20 if you're open-minded and unbiased. With the Moon in your sign on December 21 and 22, social events will be plentiful. You'll be a little down and feeling out of touch on December 28 and 29.

Cancer

Fulfill all promises and meet your responsibilities on December 10 and 11. This is also a good time to express your feelings to a partner or other family members. Take the needs of others seriously on December 12. You'll feel like hiding away on the weekend of December 15. A pleasant surprise on December 16 will come out of the blue. With the Moon in Aries on December 17 and 18 you'll have to be more assertive and proactive. You'll be able to work collaboratively with family on December 19. The pressure will be on as of December 22 to complete your errands and projects for the holidays. A Full Moon in your sign on December 23 will keep you close to home or family for the next couple of weeks. There will be some differences of opinion but generally it will be good to see them.

Leo

You'll be feeling overly confident, but you can put your leadership skills to good use. With the Moon in Aquarius on December 13 and 14, be aware of your need to escape from it all, but

Continued on page 6 & 7

Horoscopes

continued

also remember your responsibilities. Find creative ways to deal with both scenarios. From December 17 to 19 change your perspective to transform your everyday life into a stimulating and creative existence. Get excited about the present as well as the future. On December 20 and 21 be realistic about your relationships and don't try to avoid dealing with issues. This will also be something to be aware of on December 22. The Moon in your sign on December 25 and 26 will bring a sense of wonder and excitement, but there will be an undertone of a lack of balance.

Virgo

Constant changes of plans on December 10 will stress you out. A power struggle with someone on December 11 will be frustrating and pointless. Work with others on December 12 to get more done than you can accomplish alone. On the weekend of December 15, let go of the need to be in control and micromanage every detail. You'll have less heartache if you respond rather than react. After December 17 try to ignore petty details and focus instead on the big picture. You'll feel very satisfied with your work or a project from December 19 to 22, but distractions will be irritating. A Full Moon in Cancer on December 23 will bring up nostalgic memories of the past. On December 24 you'll get a lot done and feel motivated. From December 25 to December 30 you may be feeling overworked, but you'll eventually be proud of the results.

Libra

Take a serious approach on December 10 and 11. Your personal power and charisma will be strong and your effectiveness will be increased if you aren't being frivolous. On December 13 and 14 put your creative skills to good use at work or with a favorite project. Explore new ideas and methods. Monday, December 17, would be a good day to take a short trip or pursue opportunities. The next day, though, you'll find that others will try to curb your enthusiasm or push your buttons. December 19 would be perfect for in-depth research into a subject that interests you. A Full Moon in Cancer and other influences on the weekend of December 22 will create tension and arguments within your family. Issues from the past will be highlighted and you'll try to avoid conflict. It may be better to face everything head on. This trend will continue into the week of December 24, so try not to let this ruin your holiday. By New Year's Eve the Moon will be in your sign and bring a little harmony.

Scorpio

December 10 and 11 will be great for getting work completed, both business and personal. Dealings with family members will be peaceful and cooperative and you'll get a lot done together. You'll be daydreaming and wasting a lot of time on December 13 and 14, in spite of mounting obligations. Relax on the weekend of December 15 and concentrate on what you feel like doing. You'll have pleasant experiences with family and friends, but you must remain adaptable. On December 18 a pleasant surprise will add some excitement. You'll also be very focused and motivated to do careful and quality work that day. On December 20 you'll get a lot of tasks completed, but you may not be on the same page with a partner or friend when working together. A cooperative spirit will be needed. Into the weekend you'll need to remain willing to compromise and work at being realistic. A Full Moon in Cancer on December 23 will bring up happy memories from your childhood, but don't be too sentimental. Be careful of moodiness or irritability on December 26 and 27.

Sagittarius

This is a powerful, transformational time. An unsettling surprise on December 10 will upset your busy workday. Be creative and don't be afraid to think big on December 11 to 13 and take the lead on projects this week. On the weekend of December 15, quietly do your own thing and

Far From Fallen

By Nyndia Diligent
Contributing Writer

She's come a long way since "Fallen", and that seems to be the last thing happening to this R&B/Hip-Hop star. With nine Grammys under her belt, as well as three chart topping albums, this New York native isn't going anywhere but up. Her latest album "As I Am" was released on November 13th, 2007. The first single released, "No One", has become the fastest growing single for a female artist in the year of 2007.

Key's voice is soulful at best. She seems to have grown a lot from her past work. She stays true to her eclectic mix of sound, but there is a refinement to this album that I haven't heard before. When asked to describe her latest creation, Keys described it as "Janis Joplin meets Aretha Franklin." She also has ground breaking collaborations with other artists such as John Mayer, the Kerr "Krucial" Brothers, and Dirty Harry.

Her lyrics are easy to relate to. She describes the hardships of love and what it's like to have a broken heart. Songs like "Go Ahead", describe getting hurt by



the one you love, but being able to be strong enough to move on. Songs such as "Like You'll Never See Me Again" touch a less bitter note. The soft melodic tones and endearing lyrics make it a "mood" setter, if you catch my drift. Other songs seem like testimonials expressing what it really means to find yourself, even when you feel like you can't. The powerful and catchy song "Superwoman" is about finding strength within your self to make it through the day.

What I love about Keys, which you don't find in many R&B/Hip-Hop artists these days, is that her message is positive. She's never one to apologize or hide what some might call "flaws". She puts it all out there for the world to see and I believe it's the reason for her success. If you're looking for an album that you can play over and over again, and never tire hearing, "As I Am" is the way to go.

Movie Review: "Why Did I Get Married?"

By Nyndia Diligent
Contributing Writer

If you're looking for a movie that makes you laugh hysterically, cry profusely, and leave you with warm fuzzy feelings inside, then see Tyler Perry's "Why Did I Get Married?". Released on October 12th, 2007, the movie has already made \$54,278,104 in the U.S. box office. Drawing crowds of viewers, young and old, the movie's theme is relatable on many levels.

"Why Did I Get Married?" is the story of eight college friends who gather with one another for an annual couples' retreat in the mountains of Colorado. Although they're all hoping for a relaxing time, things turn terribly wrong. Bickering, bad-mouthing, and unresolved issues come about, turning this bonding event into a Jerry Springer episode. Each couple is battling out their own turbulent pasts and unsure futures. Janet Jackson plays as Patricia a best-selling author. She and her husband Gavin (Malik Yoba) are having hard times due to a tragedy from the past. Tyler Perry plays as Terry a loyal husband who's wife Dianne (Sharon Leal) is becoming a workaholic. Jill Scott plays as Sheila, a religious woman who has a poor self image due to her verbally abusive husband Mike (Richard T. Jones). Angela (Tasha Smith) and Marcus (Michael Jai White) are the most vocal of the couples, arguing from the very minute they appear in the film.

Full of twists and turns, the movie plays out like a rollercoaster. At times, I was laughing so hard I practically dropped my popcorn. At other times, I was rushing to find

TYLER PERRY JANET JACKSON JILL SCOTT



www.blackfilm.com/i3/movies/w/whydidigetmarried/poster_1.jpg

tissue to wipe away my tears. Tyler Perry does another amazing job once again, playing on the emotional strings of the audience. Already famous for his various plays and movies such as *Diary of a Mad Black Woman*, he stays true to his art. He has the ability to strip away common stereotypes about African Americans in his movies. Shying away from what's expected, Tyler mixes comedy, drama, and amazing advice to form a masterpiece worth seeing multiple times.

A Compendium of Pontifications

By Lakeisha Gerald
Entertainment Editor

I wondered why the baseball was getting bigger. Then it hit me.

Police were called to a daycare where a three-year-old was resisting a rest.

Did you hear about the person whose whole left side was cut off? He's all right now.

The roundest knight at King Arthur's round table was Circumference.

To write with a broken pencil is pointless.

When fish are in schools they sometimes take debate.

A thief who stole a calendar got twelve months.

We'll never run out of math teachers because they always multiply.

When the smog lifts in Los Angeles, U C L A.

The dead batteries were given out free of charge.

A dentist and a manicurist fought tooth and nail.

What's the definition of a will? (It's a dead giveaway)?

Horoscopes

continued

don't make too many social plans. You won't be in the best frame of mind or mood to interact with others. Wait until after December 17, but be careful to not take on too much. On December 19 and 20 you'll have great insight into other people, and you may begin to change your perspective. With the Moon in Gemini on December 21 and 22 you'll be busy but not very focused. A Full Moon in Cancer on December 23 will bring up emotional memories of the past. On December 25 and 26 you'll be in great spirits and having fun. However, a more negative vibe will descend on December 28 and 29, making you feel uneasy. The Moon in Libra will lighten up your New Year's Eve.

Capricorn

The Moon in your sign on December 10 and 11 will bring productivity and satisfaction with your work or personal projects, even when you collaborate with family. Try to strike a balance between your job or obligations and personal matters on December 12. Take the weekend of December 15 to quietly work on important projects. You can get a partner involved or be independent. With Jupiter in your sign on December 28, take the lead when working with others. Share your expertise and be a mentor over the next few days. December 19 and 20 will be productive and rewarding because you'll be engaged in something you're passionate about. On the weekend of December 23 the past and childhood will be all you can think about, because of the Full Moon in Cancer. You can learn valuable lessons from your experiences at that time and apply them to your current life. There will be lots of work to do on December 25, but you'll be satisfied with the results when you take a breather on December 26. You may regret overindulging the day before. Put your energy into getting your house in order on December 28.

Aquarius

The Moon in your sign on December 13 and 14 will bring compassion and concern for other people. Do what you can to make their lives more comfortable and ease their burdens. Be sensitive to the needs of others. On December 15 and 16 relax and quietly pursue personal projects. Work and responsibilities will increase for a few days on December 18, but you should be able to get everything done. The Moon in Taurus on December 19 and 20 will put a strain on your relationships if you're tied up with other obligations. On December 22 be realistic about what you can fit in. You'll have a tendency to scatter your forces. A Full Moon in Cancer on December 23 will allow both fond and painful memories of home and family to emerge. The holiday season may be stressful, especially on December 26 and 27. Try to avoid the drama and manage your irritability if you want things to go more smoothly. Have fun on New Year's Eve and socialize with good friends.

Pisces

Your tendency to be unreliable may cause stress for others on December 10. Don't engage in power struggles on December 11, because you won't be in a position to be effective. The Moon in your sign the weekend of December 15 will heighten your sensitivity, but other aspects will contribute to confusion and low self-esteem. A defeatist attitude on December 17 will cause problems. This will not be a productive month if you fail to believe in yourself and your abilities. Look at things from a different perspective on December 18 to break this cycle. These few days can more focused and you can get things done if you get moving on projects. A Full Moon in Cancer on December 23 will open your heart and bring up nostalgic memories. Focus on home and family from December 22 to 26. You may become unmotivated briefly on December 28 and 29.

Courtesy of the MSN.com website

Lasell's Got Talent!

By Iván González-Marte
News Editor

This past Thursday, November 15th Residential Life presented the second annual edition of "Lasell's Got Talent." The show included performances such as playing the drums and guitars as well as dancing and singing an original song.

The three judges, Jessica Hill, James Lincoln, and Anne Vallely, selected the top three performances of the night. Desiree Milner-McKay '09 (a.k.a. Poetic Justice) won first place again this year. Milner-McKay recited several of her own poems, and left with the prize of a new iPod nano with video features. Professor Plord won second place by performing a rap song and he received tickets to see the Boston Celtics. The energetic duo of Jordan Johnston '09 and Brian Dakin-Davies '08 won third place with their band "The Registry." Johnston and Davies received a snack gift basket and a \$25 gift card to Shaw's.

"I thought the event was a great success in its second year. We had an audience of over 100 people who were really excited about the show. We were able to raise \$40 for Toys for Tots, as well as collect clothing and canned goods for some local shelters. I think Lasell's Got Talent is a great event and I hope to see it continue for a long time," said Residential Life Area Coordinator Courtney Mulligan, who organized the event with the help of her Resident Assistants staff and other student support.

Boston Happenings

By Nyndia Diligent
Contributing Writer



Photo by Maria Guerre

I'm sure we've all experienced what it's like to be stuck on campus with nothing to do. Well if you're tired of sitting in your dorm room and you wish you knew about things going on in Boston, then hit up this amazing website. Going.com features upcoming local events that you can enjoy.

Aware of the "broke college student budget," you can search events according to price range. Or you can search types of events from museum openings to nightclub parties. Whatever your interests are, you'll most likely be able to find something to do! Here are some events coming up for the month of December:

20th Annual Boston Music Awards

Orpheum Theatre
1 Hamilton Place, Boston, MA
Saturday 1st, 2007 @ 7:30PM

Jacqueline Kennedy Entertains: The Art of the White House Dinner

John F. Kennedy Library and Museum
Columbia Point, Boston, MA
Exhibit ending 2/25/08

Irish Hip-Hop Throw Down

The Middle East
472 Massachusetts Ave., Cambridge, MA
Friday 7th, 2007 @ 8:00PM

NEIA Film Forum

Coolidge Corner Theatre
290 Harvard St., Brookline, MA
Ending 12/19/07
Cost: FREE



Bush bumper stickers seen on cars around Newton and Boston...

By Lakeisha Gerald
Entertainment Editor

Bush/Cheney: Four More Wars!

Bush/Cheney: Because the truth just isn't good enough.

Bush/Cheney: Compassionate Colonialism.

Bush/Cheney: Déjà-voodoo all over again!

Bush/Cheney: Leave no billionaire behind.

Bush/Cheney: Making the world a better place, one country at a time.

Bush/Cheney: Putting the "con" in conservatism.

Bush/Cheney: Thanks for not paying attention.

Don't think. Vote Bush!

Vote Bush: Because dictatorship is easier.

Vote Bush: It's a no-brainer!

For our next issue email us at newspaper@lasell.edu with political bumper stickers you've seen.

Haute Fashion Show

New College Theatre
12 Holyoke St., Cambridge, MA
Friday 7th, 2007 @ 8:00PM
Cost: \$15

College Night @ Kings: Bowling and Trivia Kings

10 Scotia Street, Boston, MA
Every Tuesday Night @ 7:00PM
21+/College I.D. required

Filter @ Club 33

33 Stanhope St., Boston, MA
Every Saturday @ 10:00PM
21+
Cost: FREE

Contemporary Outlook: Japan

Museum of Fine Arts
465 Huntington Ave., Boston, MA
Exhibit showing till 2/10/08

Industry Tuesdays @ Caprice

Caprice Nightclub
275 Tremont St, Boston, MA
Every Tuesday Night @ 11:00PM
21+
Cost: \$5.00

For more details on these events, you can search www.Going.com!



Men's Hoops

By Ricardo Sanon
Assistant Sports Editor

The men's team kicked off their season at Keene State College for the Keene State Tip-off Tournament. The Lasers went one and one in the tournament. In the second game against the nationally ranked Keene State Owls, the Lasers led by nine at the half, but could not hold on to that lead and went on to lose by ten points. Jamie Crawford lead the Lasers, averaging 26 points for those two games. Jose Guitian and Dwayne Powell also played well.

The Lasers had their home opener on Tuesday November 20th. They took on the fast pass and high scoring team of Worcester Polytechnic Institute. The Lasers came out ready to play. Quick scoring, great passing, excellent shooting, and even better team work was the key for the Lasers. The quick substitutions for WPI did not help them as the Lasers pulled off a big victory winning 95-87. Senior Guard Jamie Crawford led all scores with 43 points and Junior Center Jose Guitian toyed with a triple double.

This Laser team has been one of the best teams I have seen since the 2004-2005 season when they had two 1000 point scorers. They are a much quicker team and they are playing better as a team. Great play from their big three (Crawford, Guitian, and Powell) are still present but the bench has stepped up with players like Freshman Kevin Fallon and Sophomore Sean Joynes. Coach Aaron Galletta has got this team ready to compete and working together. Let this be a clear warning to the teams in the GNAC -- watch out for the Lasell Lasers!

Kicking it with Kit

By Ricardo Sanon
Assistant Sports Editor



The Lady Lasers started their season two weeks ago at the Salem State Tip-off Tournament. The Lasers left the two day tournament winless. The Lasers looked rusty in the first game but started to warm up by the second. The Lasers have seven returning players from last year's team.

I had a chance to talk to Senior Guard/Forward Christina DeLuca. DeLuca is the only player on the team who has been around four years. During her time playing basketball, she has had a different coach each year (Coach Kelly Stubbs being the newest).

Ricardo Sanon: Let us start by me asking you, where did the nickname "Kit" come from?

Kit: It is from the movie "A League of Their Own." My cousin gave the name to me because I used to catch and my sister used to pitch for softball.

RS: That's where I thought it was from.

RS: How is the season going so far?

Kit: We're off to a slow start. We are 0-2. But this is the beginning and a new start. We are a very positive team and I am sure things will turn around

RS: Coach Stubbs is your fourth coach and four years. How do handle that?

Kit: Coming into college level of competition I did not expect things to happen like that. It is frustrating and very inconsistent, but I just have to stay positive and be open to new ideas. I just have to focus on playing ball.

RS: How is the new head coach Kelly Stubbs?

Kit: She's great! She is very positive and she knows her basketball. She has this excellent teaching style that everyone understands. She expects perfection out of us and that is what we are going to give her. It is still early, but Coach

Stubbs will build a nice program at Lasell and be around for awhile.

RS: This season the team is without the two stars Justine Hill and Courtney Casserly. How will the team do?

Kit: J and Coca have left a huge mark at Lasell and we will miss them, but we have to move on. This team will be fine. Everyone is looking to shoot and everyone is a threat on the floor. We have played two games and had two different high scores. We are a more balanced team.

RS: Are you a leader of the team?

Kit: First, I don't feel that someone can be a leader without earning it first. You have to earn it from the coach and from the team. Because this is my 4th year and I am a senior on the team, I have some more knowledge of the college game than the younger girls. I try to share this knowledge by being vocal and working hard.

RS: How is this year different from all previous years?

Kit: Personally, this is my last year playing organized basketball. As for the team's sake, this is the largest incoming class that we have had. But we are all on the same page and we are one team this year.

RS: Thank you, Kit, and good luck this season.

Kit: Thank you.



2007 FIELD HOCKEY team record

Unless otherwise noted, home games appear in BOLD CAPS
Asterisks denote North Atlantic Conference Games.

September

1	Saturday @ WPI	Loss 2-3
5	Wednesday @ Eastern CT State College	Loss 1-2 ot
11	Tuesday @ MIT	Loss 1-2 ot
13	Thursday @ Plymouth State University	Win 2-1 ot
15	Saturday WHEATON COLLEGE	Loss 0-2
18	Tuesday @ Simmons College	Win 2-1
22	Saturday CASTLETON STATE COLLEGE	Loss 2-3
25	Tuesday @ Wheelock College	Loss 0-1
27	Thursday @ St Joseph's College of Maine	Loss 0-4

29 Saturday UNION COLLEGE

Loss 0-5

October

2	Tuesday UNIV. OF NEW ENGLAND	Win 2-1 PS
6	Saturday @ Thomas College	2-1 Win
7	Sunday @ UMaine Farmington	0-2 Loss
10	Wednesday ELMS COLLEGE	Win 7-1
14	Sunday @ Husson College	Loss 1-2
16	Tuesday BECKER COLLEGE	Win 3-1
20	Saturday REGIS COLLEGE	Win 10-0
27	Saturday NAC Quarterfinals vs Simmons	Win 4-1
30	Tuesday NAC Semi-finals @ UMAINE Farmington	Loss 0-2

November

3 Saturday NAC Finals

Head Coach: Jessica King (9th year)
Goalie Coach: Jess Gonyor (3rd year)
Assistant Coach: Heidi Hanna (1st year)



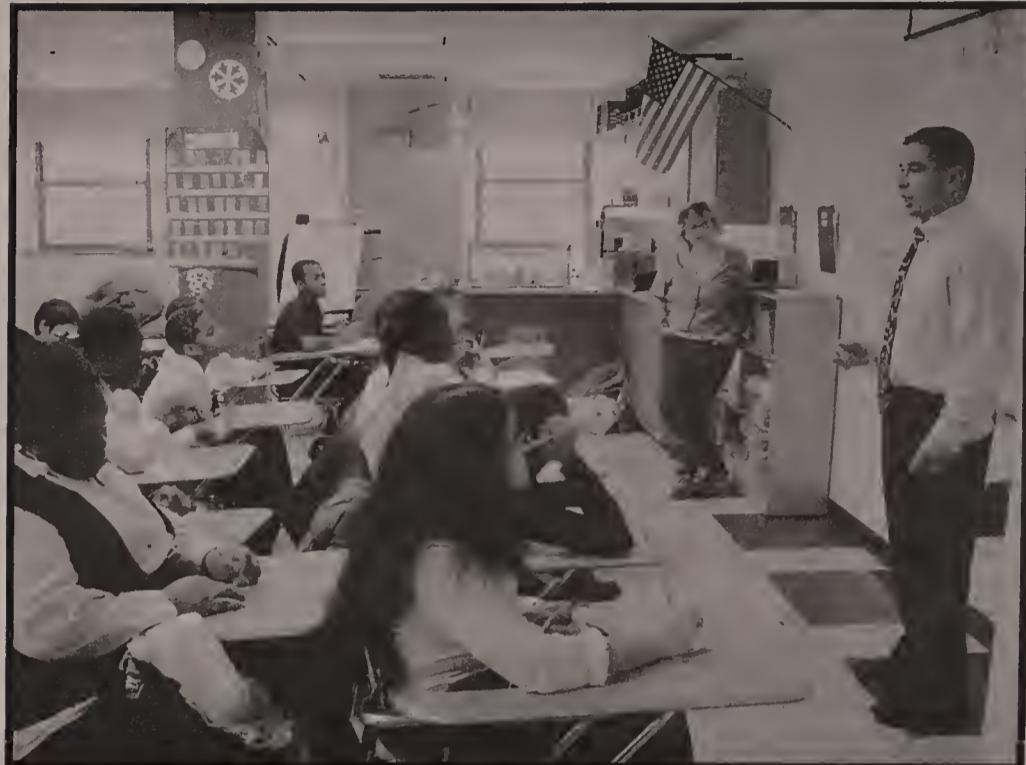
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Professor Neil Hatem with the ACES students

Dealing Kids a Fair Hand: The ACES Program

By Laura Notarangelo
Contributor Writer

Perhaps you noticed a boisterous group of excited children parading around the Lasell campus last semester. Three sixth-grade classrooms from the Boston Renaissance Charter School visited Lasell as part of ACES, a new college awareness program at the Center for Community Based Learning, which is looking for more dedicated Lasell participants. Located downtown, the Renaissance School (grades K1-6), the largest public charter school in Boston with an enrollment of 1,279 students, educates children from ten different Boston neighborhoods. Ninety-nine percent of the student population is composed of students of color and about seventy-two percent of the students take part in the free/reduced meals program. It is important to educate these young students about college at an early age to show them that it is entirely possible for them to attend college and be successful in their futures.

The ACES (Awareness, Confidence, Education, Success) program is the newest element in the partnership developed between Lasell College and the Boston Renaissance Charter School, thanks to the dedication of Jessica Dugan, Director of Development and Partnerships at the Renaissance School. The America Reads and the America Counts afterschool tutoring programs involve Lasell students helping the Renaissance students twice

a week with their reading and math homework, and the ACES program is the latest addition to the partnership. All three programs have openings for Lasell students who are looking for ways to get involved in giving back to the community.

There are two components of the ACES program: campus visits and in-class workshops. Last semester, there were three Lasell campus visits and two in-class workshops at the Renaissance School, where pairs of Lasell students acted as the facilitators, teaching the class for roughly an hour. When the Renaissance students came to Lasell, student volunteers as well as Admissions workers spent the morning showing the students the highlights of Lasell. Lunch provided by the Admissions Office was always the favorite part of the campus visit for the Renaissance students; they took advantage of the lunch hour by making frequent trips around Valentine, loading ice cream, pizza, and French fries onto their trays. On Friday afternoons, a group of Lasell facilitators would pile into the van for the classroom workshops at the Renaissance School. The facilitators educated the Renaissance students about different types of colleges, the variety of majors offered at colleges, financial aid and the various types of scholarships available, and the ways in which a college

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Nick Verrios
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Lasell Speakers
NOTED SPEAKERS: PAGE 8



Mr. 1000!
SPORTS: Page 7

Strategic Planning- New Dorms!

By Laura Thomas
Features Editor

Upon returning to campus this semester, many of you may have noticed a few changes: new carpet in the first floor of the library; upgraded classrooms with "smart" technology and new furniture; lab renovations in Wass; and wireless internet access in Woodland.

In an effort to continue to improve the campus, under the leadership of President Michael Alexander, the Strategic Planning Committee has outlined various other goals it has for Lasell in the future. By 2012, they hope that Lasell will have four new service learning abroad programs, four new masters programs, three new athletic teams, and IT, library, food and shuttle services until 2 a.m. The committee would also like a "clearly defined physical campus with entrances and beautification efforts." Included in the enhanced physical campus is the proposition of a new or expanded athletic facility and two new dorms.

Progression on this plan will begin with the replacement of all campus signs, slated to be done by June 30th of next year. Construction on the two new residence halls will begin in June of this year and students will be able to move into the new dorms by September of 2009.

Continued on Page 3

Shaughnessy Comes To Lasell

By: Ricardo Sanon
Assistant Sports Editor

On Thursday January 24, 2007, the famous Boston Globe columnist and best selling author Dan Shaughnessy spoke at Lasell College to students and faculty about his views on ethics in sports. His lecture was co-sponsored by the Donahue Institute, the Communication, Sports Management and Athletic Departments.

Shaughnessy is known for his sometimes-controversial columns in the sports section of the Boston Globe. Shaughnessy is the author of bestseller The Curse of the Bambino. He is also a winner of many awards, including Massachusetts Sportswriter of the Year. Shaughnessy also makes weekly appearances on local sports talk TV as well as ESPN graduate of Holy Cross College



Photo by Camille Gillman

Continued on Page 7

Upcoming Campus Events

Thursday, February 28th
Climate Change by Janet Larson
de Witt Hall – 11:30am

Thursday, February 28th
MSU Soul Food Fest &
CaB Music: Jason Levasseur
Campus Center – 8pm

Friday, February 29th
First Year Class Committee Dance
Party Campus Center – 10pm

Sunday, March 2nd
Peter Pan
Off Campus

Tuesday, March 4th
Women's Lacrosse vs. Curry College
Grellier Field – 3:30pm

Wednesday, March 5th
Life after Lasell: Exploring Money
Campus Center – 6pm

Friday, March 7th
CaB Music: Micah Dahlberg
Campus Center – 8pm

Friday, March 7th; Saturday, March 8th; & Tuesday, March 11th
CaB Movie: I Am Legend
Rosen Auditorium – 9pm

Tuesday, March 11th
Women's Lacrosse vs. Southern Maine
Grellier Field – 3:30pm

Wednesday, March 12th
Men's Volleyball vs. Endicott College
Athletic Center – 7pm

Wednesday, March 12th
Avenue Q
Off Campus

Wednesday, March 12th
Women's Lacrosse vs. Nichols College
Grellier Field – 3:30 pm

Thursday, March 13th
MSU Dance Party
Campus Center – 10pm

Tuesday, March 25th
Women's Lacrosse vs. Westfield State
Grellier Field – 7pm

Thursday, March 27th
Gaby Medina Slam Poetry
Campus Center – 8pm

Friday, March 28th
CaB Comedy: Tommy Johnnagin
Campus Center – 8pm

Saturday, March 29th
Lasell Day

Sunday, March 30th
Annie
Off Campus

*Events are subject to change. Check MyLasell for the latest updates on location, time and subject.

Dealing Kids a Fair Hand: The ACES Program

Continued

Laura Notarangelo: From Page 1

degree pays off. Above all, the facilitators stressed the importance of continuing the education process and making the most out of available resources. The facilitators showed the Renaissance students the array of positive opportunities that will be presented to them if they go to college and provided insight on their own college experiences.

Both the Lasell students and the Renaissance students benefited from their participation in the ACES program. As mentors to the Renaissance students, the Lasell students gained insight to the challenges faced by teachers at the Renaissance School as well as the diversity of students and their learning styles—it is a new environment for Lasellers! Preparation for the in-class workshops involved hours of planning (including research, the creation of handouts, and the construction of visual aids) in addition to training sessions for the facilitators. Although attending college isn't an expectation for all students at the Renaissance School, the ACES program raises their level of self-assurance by getting them excited about possibilities in their future and by giving them tools for success early on in the education process.

While visiting Lasell's campus, the Renaissance students participated in activities led by Professor Maynard's class (creating their own Important Book), Professor Hatem (math tips and tricks), Professor Carey's fashion history class, and numerous First Year Seminar classes. The men's and women's basketball-teams also spent time with the Renaissance students, shooting hoops with them in the gym for an hour before they had to return to school. Lasell souvenirs provided by the bookstore were also a big hit with the Renaissance students, and they loved seeing the college students walking around campus in their pajamas and slippers.

Would you like to get involved with the ACES program and encourage younger students to stick with their education? All programs developed between Lasell College and the Boston Renaissance Charter School are open to Lasell students. They would be happy to include more participants. You can earn a linked credit for your work, and the tutoring and mentoring positions (America Reads, America Counts, and ACES) are paid positions! Upcoming events for the ACES program include campus visits by fifth-graders on February 15 and April 18. A College Night will be held at the Boston Renaissance Charter School on March 6, and a classroom workshop is scheduled for February 8. For further information, please contact Laura Cressotti, ACES Project Director (Lcressotti@lasell.edu), or Jessica Hill, MACC AmeriCorps *VISTA (Jhill@lasell.edu).

Freshmen Achievement Awards

By Nicole Ruggiero
Contributor Writer

In early February, the freshmen achievement awards ceremony gathered together all of the first year students who are members of the Honors Program or are named to the Dean's List.

Deans Bloom, Santos, Austin, and Vice President Ostrow were all present, as well as Professor Stephanie Athey, who is Director of the Honors Program. Representing the students was Honors and Dean's list recipient Andrew Civetti.

It was an opportunity for all attendees to honor the achievements and hard work of the over one hundred students who were recognized at the ceremony.

MTEL Stresses

By Christina Rossi
Chief Editor

Imagine knowing for most of your life what you would like to do as a career. Imagine working towards that goal and loving each and every minute of the work that you have done. Then imagine having all of that become unattainable, because of one test.

Former early childhood education major and Lasell student, Meghan Drake, who has experienced this dilemma, is not alone.

"I was unable to graduate with my friends and fellow classmates with a major that I worked so hard in for three and a half years, because I got one question wrong on a test," laments Drake, who was supposed to graduate this coming May.

Passing the Massachusetts Tests for Educator Licensure (MTEL) is not only a requirement for teaching in the state, but also for education majors who want to graduate from Lasell College.

Those at Lasell majoring in education have a strict timeline of requirements in order to receive their degree. In addition to the required courses set forth by the college, by March of their sophomore year, they should pass the first round of their MTELs. They may retake the test as many times as they need, but must pass all of the tests by March of their junior year, so that they continue on to become student teachers in their pre-practicum and practicum work. Passing the MTEL is a requirement for student teaching work done at the practicum level.

If students don't pass the MTEL on time, they face a longer date until graduation. However, in most cases, the student is urged to think of choosing a new major in order to graduate on time. Another option the student has is to try a licensure test in another state or in a graduate school education program.

Dr. Catherine Zeek, Chair of the Education department stated, "Teaching is a demanding profession. The test is intended to measure [the] knowledge of content to teach and how it should be taught. What Lasell wants is to offer support in preparing students to be good teachers."

Lasell offers several ways to prepare for the MTEL. The Introduction to Education course offers a practice test that helps the student discover what their specific strengths and weaknesses are. Students also work with a faculty member who has extensive knowledge of the academic area in which the student is interested in teaching.

However, even with all of these preparatory measures, only twelve students are expected to graduate from Lasell with an education degree this year. Some graduating classes have been as small as four. One reason for the declining numbers has been due to the shifting of requirements within the department.

The requirement for passing the MTEL in order to graduate from Lasell was the decision of the education department. According to Professor Zeek, the department wants to prepare students for a career in education.

While the MTEL is a requirement for teaching, many do not agree with the high level of rigor needed to pass the test.

Meghan Drake describes some wisdom that a supervising teacher at her pre-practicum site gave her, "She explained to me that I am meant to be a teacher because of my connection with children. She advised some of her past student teachers, who have passed the test, not to become teachers."

"Anyone could take the MTEL and pass by answering the correct ABCD questions, but not everyone can handle twenty-five seven-year-olds," continued Drake.

Teaching is an extremely important job and future educators should know information required for molding young minds, but this required multiple-choice test leaves many wondering if it is the best way to decide who does and who does not become a teacher in Massachusetts or receive an education degree from Lasell College.

Strategic Planning- New Dorms!

Continued

Thomas: From Page 1

The two dorms will be situated in front of Van Winkle and McClelland Halls, creating a courtyard between the four halls. Together, the new dorms will house 132 students. As you may have guessed, they will occupy what are now parking spaces, but to no worry. More parking will be available underneath the dorms and the courtyard. They will feature an interior design similar to that of Rockwell and will be outfitted with wireless capabilities. Additional improvements will also be made to the entrances to Van Winkle, McClelland and Forrest dormitories. A series of pathways will lead from building to building and create a sense of community within.

With the potential for new athletic teams in the future, the expansion of the athletic facilities is a definite possibility. If embarked upon, renovations will expand the current athletic center and possibly provide enhanced seating and viewing around Taylor Field.

Across campus, near Yamawaki and Butterworth, there are two buildings you may not have even noticed, but soon will. Used primarily now for Buildings and Grounds, an overhaul of them will adjoin the two buildings. Once this "new" building is transformed, it would serve as a studio for fashion and music while housing several smaller classrooms and additional faculty offices.



President Alexander notes that the short and long-term goals of the Strategic Planning Committee cover all aspects of the college community, not just the buildings. Other goals on the Committee's five-year plan include nurse coverage until 7PM during the week and two hours on weekends. They also plan to increase the numbers of students, full time faculty and staff.

But, he points out that the campus construction

will "define the edges of campus and, over time, progress to beautifying the thoroughfares and the college's buildings."

President Alexander and members of the Strategic Planning Committee have worked hard to gain support with the city of Newton and build an alliance with Lasell's community neighbors by encouraging, as he stated, that they "not stop, but rather participate in the campus renovation projects."

Welcome to Mexico! This is exactly how we lived.

By: Iván González-Marte
News Editor

You've probably learned from a history teacher that the late U.S. President John F. Kennedy once said, "Ask not what your country can do for you; ask what you can do for your country." But what if we change that quote to make it even more direct and personal? It could be something like "Ask not what other human beings can do for you; ask what you can do for other human beings."

Every winter break, a group of Lasell students travel to the state of Veracruz, Mexico. They go there to learn about Mexico and meeting and interacting with ordinary Mexican citizens is the key to their success. This goal is the soul of this exciting program.

Unlike previous years, where 10 students were selected, this year, twelve students were chosen to participate in this unique program. This author, hoping to learn more about Mexico and its people, was among these twelve students who embarked on this journey.

Taking a small step, making a big difference.

This learning trip provides students with the exciting opportunity to help build a new home for a family selected based of their level of need. This year's mission was to construct a better house for Jorge and Tomasa who met years before they got married. Today, Jorge and Tomasa are the parents of four boys, ranging between the ages of five and fifteen. Not all of them attend school.

The first day, our group took Jorge and Tomasa's home apart, which didn't take long. In fact, it took longer to decide where to pile all the junk that once



Lasell Students working in Mexico

Photo by Iván González-Marte

stood up as part of the house. As everyone tried to tear down the house, another student and I came across a fridge's door that was supposed to constitute a wall along with other objects. That, however, wasn't as incredible as noticing how the smoke from the firewood stove spread out all over the house every time Tomasa cooked. So, she didn't cook on a daily basis, but whenever she did, the smoke filled the entire house.

We spent about a week working on Jorge and Tomasa's new home. We had none or very little experience in construction when we first arrived. But, despite our inexperience, we worked shoulder to shoulder. Tomasa never said much while we

were there and Jorge hardly said anything; rather, he expressed his feelings with a distinctive smile. I recall Jorge approaching me on our last day at the working site and asked me, "Can I get a picture with all of you in it so I can always remember everyone."

Perhaps we weren't doing anything extraordinary by helping Jorge and Tomasa's family have a new home, but we know our effort will, indeed, have a positive impact on their lives. This reminds me again of John F. Kennedy's famous quote and his intention to emphasize the importance of being an active and involved citizen. You, as an individual, can make a difference. Get involved. Participate!

Horoscopes for 2008

By Lakeisha Gerald
Entertainment Editor

Aries

New opportunities arise this year, resulting in a positive turn for your career. You will learn to master your energy to meet your goals. You may become more methodical and practical than usual in managing your responsibilities. Stopping to think things through carefully will impact you and your surroundings in a very profound and positive way. Make the time to relax a bit to complement your natural tendency toward activity, both physical and otherwise.

As you successfully achieve your career goals this year, it will be important to maintain a watchful eye over the security of your family life. You may find yourself doing some remodeling in your home and you will take pleasure in spending more time and energy enjoying the creature comforts you have created.

Taurus

Your personal needs will be met the more you tune into your spiritual side, and your growth will be directly connected with your ability to accept your deep philosophical transformation. You will continue to work out how you can use your creative side to improve your finances.

Methodically organizing your perceptions as they come to you will enhance your career. Weighing choices carefully as they arise before making decisions will be very important, this year. Take advantage of this expansive time and act upon your desire to enroll in new classes. You could greatly benefit by finishing that degree or get that certificate you've been working on. Likewise, educational trips and romantic vacations exploring different philosophies and arts will give you insight and help you jumpstart your projects and articulate new ideas.

Gemini

Much of your energy this year will be focused on figuring out ways to improve your financial situation. Money will definitely be coming your way and will greatly influence your personal beliefs, dreams and philosophies. You have a quick way of analyzing situations and expertise to organize your thoughts to maximize your productivity.

There will be a strong influence from others to help you create more personal security in having your material needs met. You could expect receiving a possibly large sum of money from someone you have helped rise to the top of their career. The summer will give you more time to enjoy life and pamper yourself. Time for some long deserved wonderful vacation time!

You are feeling your home life requires attention to be more comfortable. New ideas will flow to create a nurturing atmosphere for your innovative lifestyle.

Cancer

Cozy Cancer will have a great year focusing on the home front. So much of your energy will be giving more to your personal relationships and partnerships. Security and home is such an important part of your makeup and will take center stage in your priorities. Being emotionally sensitive to good relationships that are nourishing and loving will help add harmony in all aspects of your life.

Positive things come from the deep level of attention you give to these transformational opportunities. You will reap great rewards as you learn to expand your communication skills and be true to your inner self and your own personal needs. It is important for you to maintain a positive self-image the way you define who you are and how you feel about life as you bring your energy out into the world.

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Gold Medal for Polished

By Laura Thomas
Features Editor



Last semester, Polished Features Editor, Laura Notarangelo, under the guidance of Associate Professor Richard Bath, Editor-in-Chief of Polished Magazine, submitted Lasell College's magazine into the Columbia Scholastic Press Association's national competition. As part of the application process, they gathered the complete history of Polished, along with three copies of the magazine, and sent the entire package to NY and entered it into the general magazine competition. Later, they learned that their entry was one of over 400 from colleges and universities across the country.

On February 20th, they received some very good news. Polished was awarded the gold medal. The critique from the Columbia Board of Review judged

the magazine on three categories; organization, content and design, with a combined possible score of 1000 points. The total for Polished was 960 points: a gold medal distinction.

Managing Editor Christian DiPietro remarks, "It was one of those moments where all the hard work and dedication shows. You can be proud of the work you have done, and while you don't need an award for that, it's nice to be acknowledged. I think this just means great things for the magazine and the future of the publication."

Soon, Polished will be reaching an even larger audience, as an online version of the magazine is being planned.

Senior Activities Update

By Laura Thomas
Features Editor

On February 5th, seniors had the opportunity to attend a workshop entitled "Dress for Success," which offered tips for students on how to dress appropriately for interviews and jobs while shopping on a budget.

On February 9th, the seniors celebrated the 100 days 'til graduation mark with a Boston Bruins game.

Senior sweatshirts have been sold and senior pictures are in full swing. If you have not already had your senior yearbook portrait taken, make sure to schedule an appointment to do so or submit your own photo. Lasell's yearbook, The Lamp, will be mailed home to seniors in the fall, but before then, seniors must decide who their yearbook will be dedicated to. So, take the time to think about a member of the faculty or staff who has had a significant impact on your experience here at Lasell and nominate him or her.

As the semester continues and graduation draws ever closer, keep an eye out for more senior activities such as the 75 and 50 days 'til graduation celebrations, tentatively scheduled to be held at the Skellig and Mohegan Sun.

Lasell Announces 2008 Commencement Speaker

By Christina Rossi
Chief Editor

The college has announced that the class of 2008's commencement speaker, Trudy F. Sullivan, President and CEO of Talbot's, Inc., will lead the graduation ceremony on May 18th.

Sullivan was named President and CEO of the Massachusetts based retailer in August of 2007 after more than thirty-five years of experience in the fashion merchandising industry. She first began her career as a buyer for Jordan Marsh and Filene's. Sullivan's career history also included time at J Crew as well as Liz Claiborne.

Graduating seniors are eager for Trudy F. Sullivan's appearance.

"I'm excited to have her speak, because this is the career path I am considering," says Senior Fashion Merchandising student Nicole Ruggiero. "This will really help me in the career decision making process."

Sullivan was on campus February 21st to speak with students in the Fashion program about her career in fashion merchandising and the internship opportunities available for Lasell students.

"Fashion Doesn't Stop at Gwen Stefani!"

By Nyndia Diligent
Contributor Writer

He strutted to the stage in a black blazer, bright pink tie, gray leather cowboy boots, and pants tighter than the legal limit. His words were inspirational and his gossip juicy. Who might I be speaking of? Well who other than Nick Verreos from the hit show Project Runway!

On February 9th, nearly seventy Project Runway fans gathered in de Witt Hall to hear Verreos speak. He covered everything from his childhood to Heidi Klum's personality. It was definitely a night to remember!

Currently residing in Los Angeles, Nick has always had a passion for fashion. Since childhood he's been sketching and painting. His father, a Greek diplomat, expected Nick to follow a similar lifestyle by devoting his life to academics. But his mother knew of his artistic abilities and nurtured them.

Nick was torn between fashion and following in his father's footsteps. In the end, he chose to put his dreams aside and attend U.C.L.A for political science. But all the while, he was still sketching fashion designs.

After a few years, Nick secretly applied to several fashion schools. When he finally decided to come clean, his father cried, to his surprise. Not because he was ashamed, but because he too had desired to be an artist, but chose a more "practical" lifestyle. With his father's newfound encouragement, Nick attended a one-year program at the Fashion Institute of Design and Merchandising (FIDM). With the wheels finally turning, Nick was propelled into the turbulent world of fashion.

His resume now includes a groundbreaking internship in Switzerland. He's worked in misses to the knock-off industry. From design assistant to pattern maker, he's done it all! But it wasn't easy. He exclaimed, "You've gotta be somebody to be there, and I was nobody!"

When Project Runway Season Two came about, Nick was teaching fashion. He enjoyed watching the show and loved how the design process was portrayed. But oddly enough he felt "too good" to be on the show. The idea of being in the same audition line with his former students freaked him out. He finally decided to give it a shot.

He asked his friend, a 6-foot model, to wear one of his gowns. Ironically, as Nick stood in the audition line he bumped into one of his students, who happened to be a public relations representative for the show. She plucked him from the line and brought him straight to the judges. When he showed his pieces to the infamous Tim Gunn, his only response was, "Well we love you...you're in!" Nick's response was, "Jiggaa Whhattttt!!!!?" Nick made it on the show.

However, because of taping schedules, he only had one week to clean up his life and leave for taping. During the season, Nick became a very popular character. His on and off again friendship

with fellow contestant Santino Rice provided lots of laughter. His garments reflected his Greek/Spanish heritage and fun-loving attitude. At



Lasell, he spoke very little of his experiences on the show, but, rather, the experiences that came from the show.

Nick Verreos offered some valuable advice about the industry, leaving and the fashion students of Lasell on the edges of their seats. He offered many helpful hints for students to soak up, including:

- Don't borrow money from family
- Patternmaking is an amazing job
- Don't burn your bridges
- It takes \$250,000 to start a fashion line the "right way"
- Invest in a sugar daddy
- Know the world inside out
- Never do the "shoulda, woulda, coulda"
- Always go 100%

As for future Project Runway hopefuls, Nick's advice for auditions was helpful. He said to bring a well-executed portfolio, as well as a professional model to wear your garments. Also, make sure not to bring skirts made of ties and other gimmicky like pieces. When it came to Nick's thoughts on the current season of Project Runway, his response was that the show should take a different route. He felt it should return to its roots. He doesn't like the fact that the show features well established designers, believing that struggling designers create a greater emotional connection with the audience.

It seems as though Nick has reached the pinnacle of his career, but there is much more for him to conquer. He had a glow about him that proved that his dreams have come true. Nick presented himself as down-to-earth and sweet. He doesn't seem to have been changed by the Hollywood glitz and glamour. (Having Seal tell you that your fly is down, at a huge celebrity gathering must keep you humble.) At the end of the day, Nick Verreos is just another average Joe, driven by fashion and the desire to succeed!

Horoscopes

continued

Leo

Leos start the year working hard to discover new ways to express practical ideals by connecting to inner wisdom. Feeling a need to change and re-evaluate your personal values and all that you hold sacred has been a regular exercise for you, both personally and financially. Deep and profound changes and blessings await you as you freely give your energy to help others and take a hard look at your personal values in relationship to your resources. By the spring, you will be feeling more grounded and secure, and a little more compassionate and tolerant of others.

As much as you dream of having a perfect partnership, you have had to work out a lot of your own personal values to know what you really want. It's good to clarify these wants, so that by summer you will be able to put more of your focus into giving your relationship the time and energy it needs.

Virgo

The focus for Virgo, this year, is on developing creative endeavors to better serve humankind as a whole. Your socially independent nature will attract wonderful new people into your life and you will gain more chances to expand your circle of friends. Your self-discipline will help you accomplish great things in your life.

Take advantage of the opportunities that present themselves to you. Changes in your personal identity will prompt you to be more engaged in self-development and participate in new physical activities.

The new you may be attracting an intimate relationship that provides the nourishment you need to keep your balance in the face of change. By the end of the year, you may feel more interested in settling down and enjoying luxury and comfort -- it's the perfect time for passionate weekend getaways.

Libra

This year is all about manifesting your personal goals and highlighting life lessons. You may want to withdraw into your own world when, in reality, you have a strong urge to evolve. Detach from the mundane and spend more time discovering and caring for your own needs, nurturing all the love within that keeps your health flowing positively. Making long-overdue positive and practical changes in your living situation will be important, whether it's putting on the decorating cap or moving into a new house.

You will have the inner strength and ability it takes to accomplish what you desire. Feeling reconnected with your hopes and dreams and having time to be sociable and chatty and being with friends and family will suit you just fine. Conserve some of your strength to relax and draw on a new sense of courage to help you achieve. Traveling will be a good outlet for you to expand your romantic interests.

Scorpio

With overflowing passion in all areas of life, you enjoy sharing, learning and developing your wonderful communication skills. As you have a strong awareness of your own philosophical and spiritual inner world, you benefit greatly from private exploration of these concepts.

Being a more introspective, and focusing more on alone time instead of the outer world, will help you gather in some of your passionate energy and recharge your inner needs. You will become more interested in visionary ideas, and this will help you to use your latent creativity. Your earning ability will dramatically increase, which will provide for enough left over both to enjoy life and put aside savings.

Your dreams of creating a perfect home sanctuary will come true. Many of your deep desires to make changes in your outer world will draw the attention of others. Your abundant optimism will attract great benefits and resources.

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Horoscopes

continued

Sagittarius

This year, you need to prove to yourself that you absolutely can do anything your heart desires.

You will feel deep transformation in your attitudes about money and your personal values, and are seriously thinking about what is important in your life. You may find you may not be placing as much importance on having physical things. Security may present itself through family and friendships instead of through objects and possessions.

You desire a deeper connection and emotional bonding with your family, exploring the ideas you have learned from your parents. You will appreciate some of the perennial wisdom that has been passed down to you from your ancestors. By the summer, you feel a new closeness in your relationships and will juggle love and work in order to maintain balance. Personal transformation is far more appealing than outer changes, this year.

Capricorn

You will be doing well with acquiring money to work with new, inventive ideas as well as balancing a lot of new things in your life. You will love the challenge of working with others with different points of view. The great energy you radiate will definitely attract lots of supportive people in your life. You may be called to give more time and energy in a leadership position at work.

As you go through internal personal identity changes this year, you will notice where deep changes in your outlook are possible. You are persuasive and fond of getting your own way, but you are also truly committed to fairness, and will go out of your way to make sure that it is achieved. People appreciate your kind personality and appreciate how you help others. Your friendliness and spontaneity will push you to engage in all kinds of new activities. You will benefit from some meditation and spiritual recognition of how you relate to the universe.

Aquarius

You will find you can relate well to others and enjoy spreading your wings more to be with others in the community. Your attitude of enjoying life to its fullest carries over and makes you popular in your professional life.

The kindness you have been able to give to others will come back to you tenfold. People will appreciate your consideration and friendliness. You'll have lots of energy and won't overlook all the details you seem to need to take care of.

You may even want to redecorate your house or start over from scratch. Mysticism and the arts are very attractive and you benefit from paying attention to your inner voice, and learning to follow its guidance, rather than depending on the changing reflections of those around you. You are fascinated by the unknowable mysteries of your own inner world and might want to express the inspiration you are tuning into through music and writing.

Pisces

There will be changes in the way you develop your inner-self, this year. Your ability to multitask will continue, as you become involved in more humanitarian projects. You usually put your best foot forward, and are possessed by an innate charm and magnetism. You love being physically active, usually with others. You learn to take more responsibility by being diplomatic and tactful.

You also may be tempted to participate in many activities just to be involved for the social aspects of being around fun-loving people. Your task is to attempt to make conscious choices in these areas, and to become more aware of your true objectives based on your own values and goals, independent from the approval of others. Find happiness by connecting with your higher self, and by helping people to move closer together.

Courtesy of Yahoo Horoscopes

Mountainous Terrain

By Camille Gillman
Contributor Editor/Graphic Editor

Mountainous terrain, feelings of compassion, rainbow of smiles and an overall culture experience of life, was the trip taken at Kelly Lynch's photography exhibition, "My Island through My Eyes." She took us on a journey to the town of Hagle Gap, Jamaica, where we saw images taken by her students from their everyday lives.

Lasell Alumna Kelly studied art education at Lesley University in the graduate program. For her thesis, she voiced that she, "wanted it to have something to do with the community she had been working in Jamaica. My thesis professor mentioned the method Photovoice. After researching Photovoice, I began developing a vision." Her vision included teaching her past students the world of art in the form of photography. Through long research and anticipation Kelly applied for funding through the Youth Visioning program and was able to get the supplies required to fulfill her vision.

"My plans were to empower the children living in Jamaica and to teach them some photography techniques while letting them express and discover themselves and what it means to be a member of their community," Kelly says. "Photovoice promotes advocacy and these children are the future of their community. I thought that this project could help them realize that they can work to make a change. Using the camera, they were able to voice their happiness and unhappiness, likes and dislikes of their life in the Blue Mountains."

Over the three-month process in Jamaica, the children took to Kelly's project and surpassed her expectations. She expressed their eagerness and promptness to learn. "Giving them the resources showed me how they can be responsible, committed, and sponges.... they soaked up every bit of information and developed into positive advocates, artists and learned to express themselves in a new way," explained Kelly. "The effort of the children and youth leaders brought tears to my eyes more than once."

While viewing the children's work at Kelly's exhibition, you can get an idea of the children's lives. Common themes in several of the pictures were abandoned cars. The cars were photographed because they crowd the streets, making their land and environment feel and look very cluttered. The



Photos by Kelly Lynch



children expressed that it's time for a change in their photographs.

With Kelly's help and dedication, the children have learned more than in those three months about their community and themselves. Hopefully, the change they desire will happen, if not now, in the future.

18 Questions for 1851

By Lakeisha Gerald
Entertainment Editor

1. Who is going to be my roommate next year?
2. Where am I going to live?
3. Do you think I have the flu?
4. Do I want to be a Resident Assistant?
5. Where are some of my friends from last semester?
6. Where is the heat in this building?
7. Is the food from the cafeteria going to get any better?
8. What did you think about the Super Bowl?
9. Why did the bookstore only carry some of my books?
10. Can the shuttle run all day?
11. Can we get movie channels?
12. Do I want to change my major now?
13. Why is everyone breaking up with his or her significant other?
14. Do you want to play Guitar Hero with us?
15. What are your favorite television shows?
16. Where is Club 1851?
17. When are they going to renovate Gardner House?
18. Can "Real" celebrities come to Lasell?

Shaughnessy Comes To Lasell

Continued

Sanon: From Page 1



Photo by Camille Gillman

and a resident of Newton, he has been writing for the Boston Globe for over 20 years.

Dan Shaughnessy spoke in front of a large standing room only Lasell crowd in de Witt Hall. He began his remarks by giving a brief introduction of himself and how he came to where he is now in his life. Shaughnessy opened up the topic of ethics in sports by describing his views on the issue. For example, he mentioned that because his newspaper, The Boston Globe, is part owner of the Red Sox, the people in the newspaper's corporate offices have Red Sox World Series Rings. He felt strongly that media professionals should not have a business relationship with people or organizations that they cover because it could present a real conflict of interest. Shaughnessy provided an example by describing a "PR" type of article (as opposed to a news article) promoting team travel that fans could purchase from the Red Sox that appeared on page 1 of the Globe.

Shaughnessy also talked about the recent ethical issues in the world of sports, such as the New England Patriots and the spygate scandal and the use of illegal steroids and human growth hormones in baseball. Shaughnessy, who has a hall of fame vote, said that despite the accusations of Barry Bonds using steroids unknowingly and lying under oath, he thinks that Bonds will still be a 1st ballot hall of famer.

Many students, faculty, and even Lasell Villagers in attendance, expressed their own opinions on sports ethics during the lengthy question and answer portion of the event and they also asked Shaughnessy many questions. Shaughnessy was very good at answering questions, as well as defending his own opinions. He was asked some tough questions such as what baseball needs to do about their steroids issue, women sports and steroids, the Michael Vick situation, and many more. All in all, his lecture and the interactive Q&A session provided a lively discussion of some important ethical issues in journalism and sports.

Mr. 1000!

By: Ricardo Sanon
Assistant Sports Editor

Earlier this month, junior forward Jose Guitian became the 8th player in Lasell Men's Basketball history to score his 1000th point. He joined the likes of teammate Jaime Crawford who achieved this milestone last season. Guitian, who also has led the team in rebounding 21 out of 22 games, became the 6th player in 5 years to net 1000 points.



Photo provided by Jose Guitian

Wait! There's more?

By: Ricardo Sanon
Assistant Sports Editor

Did you know that there is some discussion about bringing in more varsity sports to Lasell College? This year, baseball, which was introduced as a club sport, will move to varsity status for the 2009 season.

In the next five years, Lasell College Athletics plans on adding four new sports to the school. At this time, the athletic department is considering the addition of men's and women's indoor and outdoor track and field, women's tennis, and men's golf.

These sports were chosen based on resources and facilities

available. Indoor and outdoor track and field will be first to become apart of Laser Athletics. Indoor and outdoor track and field is scheduled to be a club sport this upcoming fall and will take on varsity status the following year. Men's golf will be the next club team in the planning process and may begin as a club team in 2009 and gain varsity status in 2010. Women's tennis may enter in 2011 as a club sport then become a varsity sport in 2012.

Nothing has been finalized, but it is looking good for the addition of these sports coming to Lasell College. All of these proposed teams, which are sponsored by the GNAC, are great for meeting the athletic needs of the Lasell student population. So, keep an eye out for the addition of these new sports in the years to come.

Things are looking up

By: Ricardo Sanon
Assistant Sports Editor

After a 4-1 start and an impressive win over WPI, the men's basketball team hit a slump. The Lasers went on to lose six games in a row. To make matters worse, they would lose their leading scorer, Jaime Crawford, to a hand injury. Thanks to the long winter break, Crawford only missed three games and when he returned to the line up, he brought some energy to the team. He came back the way he left by continued his scoring ways. But he can't do it alone. Junior Jose Guitian is second on the team in scoring averaging 18.5 pts a game and a beast on the boards averaging 11.8 rebounds a game. He also averages 4 assist and 2 blocks a

game. Senior point guard Dwayne Powell is on a dime as he leads the team with almost 6 assists a game. Junior Brad Caravoulias is a monster beyond the arch shooting an impressive 40 percent from the three. And there has been surprising play by rookie guard Corey Godfrey who has worked his way into the starting line up and averaging almost 7 points a game, which is 5th on the team.

Needless to say, with great play by the whole team, things are looking up for the Lasers. They have won 10 out of the last 11 games and are third in the GNAC with an 11-4 record and 14-8 overall.

The Struggles Continue

By: Ricardo Sanon
Assistant Sports Editor

The women's basketball team continues to struggle as the post a 4-7 record in the GNAC and 6-16 overall. The young Lady Lasers have had some trouble getting things together this season but have played some tough and close match ups. Leading the way for the Lasers in scoring is junior forward Shauna Kelly. Seniors Christina DeLuca and Lauren Picozzi have played consistent basketball and continue to spread their knowledge about the game to the younger players. Carla Zinno is having a good rookie season as she is second on the team in scoring averaging nearly 9 points a game and shooting 39 percent from beyond the arch.

Volleyball

By: Ricardo Sanon
Assistant Sports Editor

After a 3-0 start, the men's volleyball team are 2-9, 3-3 in the NEVCA and 5-9 overall. The young Laser team, which has no seniors, still remains a threat in the NEVCA as the season goes on. Sophomore Dustin Foster leads the team in kills with 2.5 a game. Look out for volleyball team, as they have many games still remaining and try to turn around their losing woes.

Boston Area Events

www.going.com

March 1st-14th

1st Rajon Rondo Autograph signing at the Natick Mall at 1 o'clock. Cost= \$25-30.

2nd "Then and Now" exhibit at the Walnut Hill School in Natick. Features works from various artists who began art as a second career. Many left jobs as psychotherapists, surgeons, and investment bankers to pursue art. Cost= FREE For more information visit <http://www.smfa.edu/exhibitions>

3rd "Jewelry by Artists" Daphne Farago Collection at the Museum of Fine Arts. Last day to view her collection of contemporary craft jewelry. Exhibit opens at 10. Cost= Free with Lasell ID. Visit <http://www.mfa.org/exhibitions/> for more information.

4th Salem Film Fest 2008. International film and music festival. Cost varies. Visit <http://salemfilmfest.com> for times and locations.

5th Trivia Night at Game On in Boston. Form a team of five to compete for prizes. Trivia begins at 6. Visit <http://gameonboston.com> for more information

6th Tour New Downtown Development. Take a walking tour of the new developments in downtown crossing and south station. Discussion to follow. Cost= Free. Visit <http://www.walkboston.org/events/annual.htm> for more information.

7th "Theatresports" Back Alley Theatre, 1253 Cambridge St, Cambridge. Two improvisers compete for the audiences points, referees officiate over the match. Cost= \$10 with student ID.

8th International Woman's Day Film Festival. Join Hostelling International, USA in celebrating International Woman's Day. Films will be shown throughout Boston, with free admission. Visit <http://www.usahostels.org/TWDFF.php> for more information.

10th Pay Your Age at Boston Symphony Orchestra. In honor of the symphony's youngest conductor, Julian Kuerti, they invite you to pay your age for admission. Visit http://www.bso.org/bso/?_requestid=575338&_requestid=575338 for more information.

11th "New Horizons" at the International Poster Gallery on Newbury St. Cost= Free. Visit <http://www.internationalposter.com/> for more information.

12th Winter Classes at Brookline Arts Center. All levels of ability are welcome. Cost varies, visit <http://brooklineartscenter.com/> for more information.

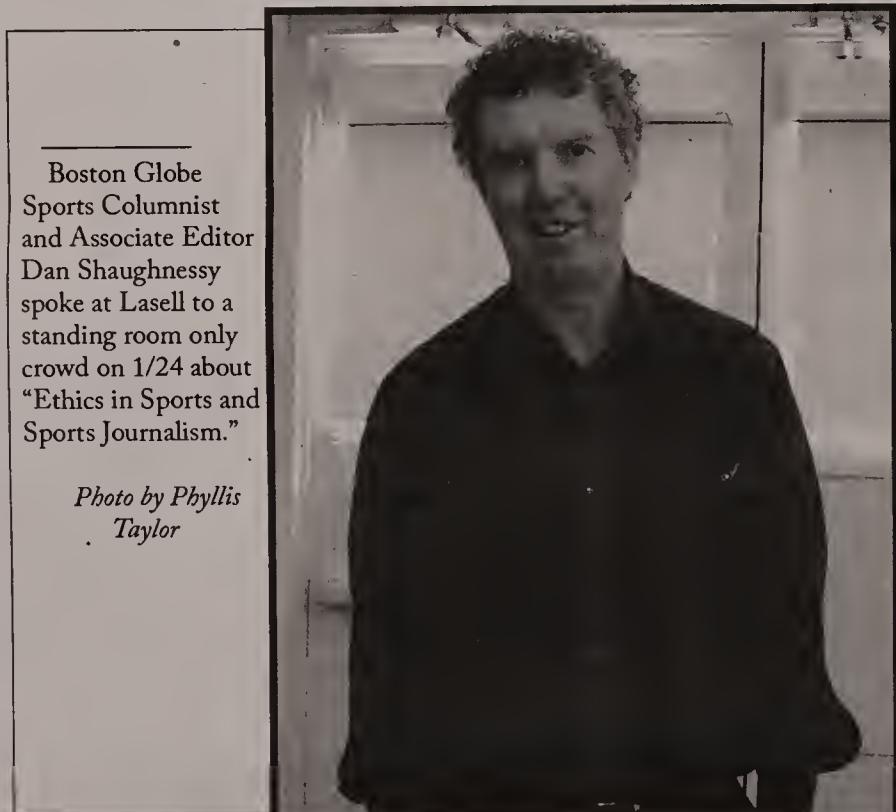
13th Lasell Pre-Spring Break Party at Boca's in Waltham. Prizes and Giveaways, 21+. Visit www.bocabar.net

14th Snow Shoe Tours at the DeCordova Museum. Great way to visit the museums outdoor sculptures during the winter months. Cost= \$10-24. Visit <http://www.decordova.org/> for more information.



Congressman Barney Frank (D-MA) visited Lasell College on 2/12 to discuss the "Economic Effects of Iraq" with President Alexander, Mrs. Alexander and members of the Lasell community.

Photo by Phyllis Taylor



Boston Globe Sports Columnist and Associate Editor Dan Shaughnessy spoke at Lasell to a standing room only crowd on 1/24 about "Ethics in Sports and Sports Journalism."

Photo by Phyllis Taylor



With his colleagues, Senator John Kerry (D-MA) spoke at Lasell Village the day before the MA primary on 2/4. Seated to the left of Congressman William Delahunt (D-MA) in the photo is Congresswoman Allyson Schwartz (D-PA) and to his right is State Representative Kay Kahn (D-MA).

Photo by Phyllis Taylor

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Presidential Inauguration Festivities

By Laura Thomas
Features Editor

Over 450 people attended the event, including Lasell faculty, staff and students. Delegates from other colleges and universities such as Harvard, Brown, Bates, Wheaton, BC, BU, Assumption, Newbury, Babson and many others were on hand as well.

The theme of the inauguration was "Embracing Diversity." The events kicked off with a celebration of the arts Thursday evening in the Yamawaki Cultural Center. This was a tribute to the Japanese culture in honor of Lasell's long-standing relationship with the Yamawaki Gakuen Junior College in Tokyo. Highlights included performances by Japanese musicians and a special tea ceremony for President Alexander and his family.

At the Academic Colloquium on Friday morning, there was a student voice panel on race, another on immigration and a presentation

The college community and distinguished invited guests celebrated the inauguration of Lasell's ninth President, Michael B. Alexander, on April 3rd-5th.

exploring Lasell College student initiatives, such as Darfur Awareness and Action.

Later in the day, despite the inclement weather, the installation ceremony took place in the Athletic Center. Not missing a detail, the planning board steering committee of Ruth Shuman, Paula Panchuck, Sandra Weston and Adelaide Shaffer Van Winkle were prepared for the rain, as they supplied buses, umbrellas and ponchos to all of the attendees.

Lasell's Divine Step team performed as the opening activity in the inauguration ceremony. Next, there was an invocation by Rev. Barbara Asinger; and greetings from Mayor Cohen on behalf of the City of Newton; President Bacow of Tufts University on behalf of the New England Colleges and Universities; and Lasell students Amanda Miller and Jennifer Pope representing the undergraduate and graduate students respectively. Adding a warm personal touch, President Alexander's wife, Mary Barbara, read a poem entitled 'Midnight' written by President Alexander himself. Poet and playwright Magdalena Gomez also read a poem she wrote in honor of the inauguration entitled 'A New Way to Stand.'

Continued on Page 4

Dinner Date for Communication and Graphic Students

By Laura Thomas
Features Editor

On Monday evening, March 31st, Communications and Graphic Design students gathered in deWitt Hall for dinner with President Alexander, COM faculty, Lasell staff and honored guests.

The evening began with a welcome reception in the Glow Lounge, where students mingled with members of the advisory board such as Brian Gallagher, the Graphic Coordinator at Channel 4 WBZ TV; Judi Haber, the President of Cause Media, INC; Jonathon Brickman, the Publisher of Community Magazines; Brian O'Connor, the Director of Communication at Citizen's Energy; Jeremy Vicente, the Videographer for the Boston Red Sox; Christine Kelly, the Director of Internships at Boston Network Neighborhood News; Angus McQuilken, the Vice President of Public Affairs at Planned Parenthood; Senator Cheryl Jacques (now Judge Jacques); Kevin Carelton, Special Assistant to the BU President for Communication; Tom Chandler, Director, Hurley and Chandler & Chaffer Ad Agency; Patrick Richardson, Schneider & Associates PR, Director of Graphics and Marketing and many other successful



communication professionals.

The guest of honor and keynote speaker was Matt Meagher, the Senior Investigative Correspondent for *Inside Edition*. Meagher, who has been with "Inside Edition" since it debuted in 1989, has won 8 Emmy Awards and the prestigious Polk Award for Journalism. Prior to *Inside Edition*, he worked as a reporter at network affiliate television stations in Tampa, St. Louis and here in Boston.

Continued on Page 3

Lasell's Green Campus Efforts Underway

By Michelle Acosta
Contributor Writer

During the last few years, green has become the new black. More and more people are becoming aware of our energy crisis and the growing issue known as global warming, including here at Lasell. There are little reminders everywhere of ways to reduce, reuse, and recycle. In the past, more people than not were careless with their energy use. It's not too late to try and improve things on campus; students just need a little encouragement to participate in our green initiative.

Students leave a huge carbon footprint everyday. Making small efforts to alter their lifestyles and become more environmentally responsible is the first step. We can help our planet by making smarter decisions concerning lighting, electronics, driving, heating, water usage and food waste in addition to recycling.

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Miracle Foods
Your Guide to a Healthy Lifestyle
ARTS & ENTERTAINMENT: Page 5

Electoral Thoughts and Voices
OPINION: Page 7

Team Spirit
SPORTS: Page 8

Upcoming Campus Events

Thursday, April 17th
Lasell College Awards Banquet
de Witt Hall - 6pm

Thurs., April 17th- Monday, April 21st
SGA - Spirit Weekend

Friday, April 18th
Softball team vs. Johnson & Wales
Taylor Field

Saturday, April 19th
Niños de Veracruz's Car Wash
Central Parking Lot - 9:30am- 3:00pm

Saturday, April 19th
Softball vs. Suffolk University
Taylor Field

Saturday, April 19th
Men's Lacrosse vs. MA Maritime
1pm

Sunday, April 20th
Softball vs. Simmons College
Taylor Field

Tuesday, April 22nd- Sat., April 26th
CAB - Spring Fest Week

Tuesday, April 22nd
Cheryl Jacques: The Gay Civil Rights Movement
Rosen Auditorium - 11:30am

Tuesday, April 22nd
Divine Step
de Witt Hall - 7pm

Wednesday, April 23rd
Men's Lacrosse vs. Babson
4pm

Wednesday, April 23rd
CAB - Live Band- Lansdowne
Yamawaki - 7:30pm

Thursday, April 24th
CAB - Casino Night
Time & place TBA

Friday, April 25th
CAB - BINGO
de Witt Hall - 8pm
MSU Dance
de Witt Hall - after BINGO

Saturday, April 26th
Spring Carnival
Outside de Witt Hall - 12pm-4pm

Monday, April 28th- Friday, May 2nd
Spring Connected Learning Symposium

Saturday, May 3rd
Fashion Show

Saturday, May 17th
Reunion GOLD event for all alumni
1998-2007
Cherry Tree, West Newton - 4pm

Sunday, May 18th
Commencement

*Events are subject to change. Check MyLasell for the latest updates on location, time and subject.

Lasell's Green Campus Efforts Underway

Continued

Acosta: From Page 1

Little efforts like recycling aluminum cans does more than you think. Just one can saves enough energy to run a TV set for three hours and a 100 watt light bulb for four. A ton of newspaper (recycled) can save 17 trees, 380 gallons of oil, three cubic yards of landfill space, 4,000 kilowatts of energy and 7,000 gallons of water. Just one tree can filter up to 60 pounds of pollutants each year.

How Can Students get Involved?

A college campus is community oriented because students live together, work together, go to classes together and eat together. So, working together towards a greener campus isn't as difficult as it sounds. Students can get involved with the Green Campus Task Force, a group made up of students, residents, faculty members and other outside individuals who share the same goal of creating an environmentally sustainable living situation at Lasell College. They can lead by example and work towards environmental responsibility or just modify their day-to-day routine for themselves.

Chris Herget, a junior living in Rockwell, recognizes that there needs to be some changes. He doesn't think that Lasell students are very energy conscious. "I would like to see rainwater collection, and a solar initiative. A windmill could bring so much energy to this campus," says Herget. Where he wishes for big changes that produce big results, meanwhile Lasell is having a tough time getting students just to recycle.

Upperclassmen seem to recycle more, probably because they're not afraid to dispose of the aluminum cans that underclassmen shouldn't have in the first place, but the whole campus needs to work harder. Courtney Mulligan, the area coordinator of Briggs, Karandon, McClelland, Ordway and Van Winkle is working with her staff to bring Earth Day (April 22) to campus. It's a user friendly program that will take place outside of the Dining Valentine's Hall. There will be snacks, prizes and interactive give-a-ways. "I want people to take a renewed interest in the environment," said Mulligan. The Green Campus Task Force will be promoting this event as well as Residential Life. Both have high hopes for Earth Day.

Lasell junior Laura Notarangelo is involved with the Green Campus Task Force. She started the group with Dr. Stephen Sarikas and Professor Linda Bruenjes. Together they are informing the Lasell community about the importance of going green and working to make lifestyle changes for the whole campus. They have only been active since the beginning of this school year and have already accomplished much.

Recently, there have been big changes concerning what we waste when we eat. The baskets of napkins at each table in the dining hall have been replaced with smaller



Photo by Iván González

single dispense holders using recycled material napkins. The ketchup and mustard bottles in the Valentine Dining Hall are being changed to dispensers like the ones in the Campus Center. This will reduce the number of bottles being used and thrown out weekly. Now, instead of paper cups and plastic tops, students can use tumblers for hot beverages at Jazzman's café. The Green Campus Task Force is also in the process of updating the lights on campus to use timers or sensors which will save money and energy. All students can help with a contest, underway to propose methods to reduce greenhouse gasses at Lasell. The first place winner receives \$750 and second place gets \$250.

"Our goal is to educate everyone on campus about the severity facing our planet today, and how their actions, regardless of how small they appear, do make a difference," says Notarangelo. She is excited about Earth Day and thinks it's a wonderful idea. "It's not just for April 22; it should be celebrated all 365 days of the year!"

Dr. Stephen Sarikas, a professor and environmentalist, helped with the planning for a Green Task Force on campus. He has taught environmental issues like Global Ecology. Notarangelo was one of his students, and believes that he plays a critical role by increasing environment awareness among students. He is trying to get the word out via Lasell Radio or MyLasell messages. "I believe that we must heighten environmental awareness on campus. Students who are concerned, along with faculty and staff, must act as role models for other students to change the culture on campus- a culture that is committed to the goal of environmental protection," said Sarikas.

For more information about Lasell's Green Campus Task Force, students can link to a new website, greencampus.lasell.edu, from the MyLasell website, for information about how we effect our environment, how we can save energy and what the Green Task Force is doing.

Individual students can make a difference every day, with simple acts such as: use energy-efficient fluorescent bulbs, (just three can save up to \$60 annually) and unplug electronics when they're not in use. Leaving your car at home reduces one of carbon dioxide's biggest contributors. Recycling is probably one of the most obvious energy saving, footprint reducing methods and a highly effective way to conserve energy and save our environment.

Lasell Takes another Step in Going Green: New Environmental Studies Major

By Christina Rossi
Chief Editor

Among one of the newest curriculum changes here at Lasell College will be the introduction of the Environmental Studies major in the fall of 2008.

The program, headed by Professor Daly, will give students the chance to understand the environment's connection with our global community.

This exciting major will cover courses in public policy, ethics, and economics. Students will also work on sustainability issues, right here on campus and with environmental organizations in the greater Boston area.

New courses will include a lot of hands on activity. For example, in BIO 102, The Diversity of Living Organisms, student will be raising baby turtles, studying penguins at the New England Aquarium and salamanders at the Alexander Farm in Sherborn.

An Alternative Choice: A.S.B. 2008

By Nyndia Diligent
Contributor Writer

Every year, hundreds of thousands of college students enjoy a week long spring break from early morning classes and ten page papers. As inviting as a sun filled vacation in Mexico or Florida sounds, some of us opted for the less glamorous destination to the windy city of Chicago. On March 16th of this year, ten Lasell College students, including myself and two members of the Center for Community Based Learning staff, took part in the annual Alternative Spring Break.

Each year, instead of spending a week working or partying, students can spend a week tackling a social issue affecting the world. This time, our hope was to raise awareness about HIV/AIDS. Our hope was to learn more about the disease. We wanted to learn about the people who are suffering and how they are surviving. We also hoped to bring enough information home that we could share with the Lasell community, so that eventually we could enlighten our fellow peers and help safe guard others against this "silent killer."

Most of our time in Chicago was spent at the site Vital Bridges, a non-profit organization that helps the people of metropolitan Chicago affected by HIV/AIDS improve their health and build self-sufficiency. They do this by providing food, nutrition,



housing, educational services, and case management. There are several sites in which they operate, including Englewood, Edgewater, Garfield Park, Oak Park, and Elk Grove Village. Our host was Todd, who had a hand in helping each site. He was a true inspiration because he found a happy medium in life by giving back to the community while still pursuing his own personal goals.

Our jobs at the sites included wrapping condoms in paper bags (to later be distributed to clients), creating assorted bags of vitamins, cleaning up the office areas, and food shopping for clients. We also had time to sit down with Todd and learn about how the disease affects Chicago. We even

spent time volunteering at the Chicago Food Depository. By volunteering there we earned money for Vital Bridges, essentially meeting two goals simultaneously.

Now, some of you may think this is absolutely crazy. How could we subject ourselves to a week of discussing something so intense? Although the 7:30 am wake up calls were rough, we endured. It wasn't always work and no play. We had some time to explore Chicago and all its wonders. There were hundreds of little shops and cafes. Some of us went to the zoo, the aquarium, and shopped.

It was worth every second and I wouldn't take it back.

For me, Alternative Spring Break is a life changing experience. Each year students engage in a different social issue and a different destination. Students spend a week bonding, learning, and essentially empowering ourselves.

We often have the ability lose sight of the world around us. We think it's someone else's problem and not ours. If you want a wake up call, then seriously consider Alternative Spring Break as an option.

Tuition on the Rise for 2008-2009 Academic Year

By Christina Rossi
Chief Editor

President Alexander sent a letter home to students and their families announcing that the next academic year's tuition and fees would increase. The Board of Trustees has set next year's tuition at \$22,950, with the comprehensive fee remaining \$1,000. Standard room and board will be \$9,950. Also included in the letter was an attachment comparing Lasell's tuition to other private colleges in the area. Even with the tuition hikes, Lasell is still in the lowest price bracket among area colleges and universities.

Keeping in mind that the cost of a college education is a burden for many students and their families, the Board also increased institutional aid by 17 percent. The Financial Aid Office plans to look at each award package on a student by student basis.

According to Michelle Kosboth, in the Financial Aid office, they "will be able to determine if there is an increased need for assistance due to this change in tuition. We know that not all students will be affected by this change, but for those that it does affect, we are prepared to work with those students." So far, she reported that the Financial Aid Office has not heard much of a reaction from students or families.

The rise in tuition comes in the wake of many changes to Lasell's campus, both academically and aesthetically. This year alone, there has been an increase in faculty and undergraduate course options. Rockwell Hall also opened in the fall of 2007 and construction will begin soon on two new residence halls. Also, many campus resources have increased their hours of operation.

The college's new strategic plan also contains many improvements to the school that will certainly require more money. Within the next five years, Lasell plans to hire up to fifty additional full-time faculty members, implement a new Environmental Studies major (fall 2008), open more student housing, and have a wireless campus.

Dinner Date for Communication and Graphic Students

Continued
Thomas: From Page 1

Meagher's presentation highlighted his investigative reporting concerning the construction fraud in the wake of Hurricane Katrina. With some dramatic video footage, he also took a look back at his on the scene coverage of September 11th.

Following dinner, Meagher drew on these experiences, offered advice, and fielded questions from students that ranged from internships in broadcast journalism, the availability and location for jobs in the field and the importance of developing good writing and research skills.

Over seventy students, twenty-two advisory board members and various faculty and staff attended the dinner, which served as a networking event for students seeking internships, jobs and an opportunity to develop mentoring relationships with communication professionals.

The annual event will be held again next spring. The students who were involved with planning all the event details were: Ashley Britton, Jackie Campos, Christina Rossi,



Photos contributed by Phyllis Taylor, Professor Stephen Fischer, and students

Laura Thomas, Anais Stepanian, Katie Coughlin, Erica Zompa and Ivan Gonzales. If you are interested in joining the planning committee, contact Dr. Janice Barrett, Chair of the Communication Department.

Lasell Honors Students Present at Northeast Regional Honors Conference

By: Iván González-Marte
News Editor

During the first weekend of April, a group of students from the Lasell Honors Program presented at the Northeast Regional Honors Conference. The conference named "Revolutions," took place in the historical city of Morristown, New Jersey. It is an annual event that unites more than 250 honors students from across New England. The various presentations delivered by Lasell students were based on extensive research and projects completed by each individual student in their respective classes.

The students headed off to New Jersey from our campus on a Thursday evening, led by Professor Neil Hatem.

"I was not only impressed with our students' presentations, but how they conducted themselves throughout the conference," says Professor Hatem. Hatem believes that the Lasell students represented the college very well.

One of the student presenters was Fashion and Retail Merchandising major Laura Notarangelo'08. Notarangelo analyzed the differences in communication behaviors between genders by conducting research as well as incorporating personal observations. "Everybody did a great job representing Lasell. I enjoyed hanging out with the group, especially at the social. I'm glad I came on the trip," says Notarangelo about her impressions of the conference.



Courtesy of Kayla McKenna

Lasell honors students during a social event where they learn more about each other as well as other New England honors students.

Psychology major Molly Fawcett'09 presented her findings on domestic and foreign volunteer work with the support from a survey she developed and conducted in different places in New England, including our campus. Fawcett is thankful to the Honors Program for allowing an opportunity "to celebrate our hard work and unique interests. We were able to interact with other students who have similar passions."

Allison Martin'09 and Kayla McKenna'09, also attended last year's conference, showed evidence supporting how necessary it is for the college campus community to be thinking more seriously about the environment. "I was able to talk to other students about their honors programs and what they consist of. Meeting students from other schools and honors programs is the greatest part of the trip," says McKenna. Martin describes the conference as "an

unforgettable experience."

Being an Education major inspired Christina Garofalo'10 to examine the issues raised by the concept of educating prisoners. Garofalo admits that she learned a lot from everyone's presentations and felt pleased for the outcome of her performance which "even touched people on a personal level."

Erica Desautels'09 and Donna McIntyre'09 spoke on revolutionizing college HIV/AIDS awareness. They informed the audience how college AIDS awareness has grown too slowly over the years and the importance of moving forward. Desautels encourages other Honors students to be future participant in the conference. "This conference is an amazing experience and I hope that other Lasell Honors students jump at the chance to participate next year."

All of the presentations resulted in an engaging forum with remarkable feedback. Lasell students were able to handle challenging questions asked by members of the audience—several of whom are professionals with in-depth experience on the various topics.

In what was called "City as Text Explorations," the students were part of a full-day excursion around the Morristown. While on the outing, our students learned more about some of the historical events that had happened in the region. In addition to this, there were several gatherings with special guest speakers and a social event for all students.

Presidential Inauguration Festivities

Continued

Thomas: From Page 1



Photo by Phyllis Taylor

L. to R., Jennifer Pope, graduate student, President Alexander, and Amanda Miller, undergraduate student

Following the poetic interlude and prior to the inaugural address, Eric Turner, Chair of the Lasell College Board of Trustees, welcomed President Alexander into the legacy of Lasell presidents with the traditional Medallion and Chain of Office. Donated by Alumna Adelaide Shaffer Van Winkle, they symbolize the authority and responsibilities of a college president.

Remarkng on the proceedings of the day Shuman notes, "There were things unique to our event that wouldn't necessarily happen in other institutions but that's what made it so special." Even the smallest touches were distinctive to Lasell. For example, President Alexander's academic regalia in bright Lasell blue colors was designed and created by Assistant Professor of Fashion Maritza Farrell.

On Saturday the celebrations continued at Lasell Village during the day, and concluded with an Inaugural Scholarship Gala. Held at the Riverside Center, it was an evening of dinner and dancing, featuring a very special ball gown worn by Mary Barbara Alexander. Her beautiful lavender gown was designed by Lasell student Theresa Lombardi. By the time the Gala came to a close, Shuman reported that an amazing \$20,000 dollars had been raised for the scholarship fund.

New Aging Studies Minor to be Offered in Fall 08

By Christina Rossi
Chief Editor

Have you thought much about aging? This process is happening to people all around us and we too, are getting older. In today's society, due to the advances in modern medicine, nutrition and education about health, people are living much longer. The concept of aging is no longer about death and dying, but it's about living a long and productive life.

To follow these interesting trends in aging, this fall Lasell will be offering a new minor in Aging Studies. The idea for this minor emerged from the great success of Lasell Village. Issues in aging have recently filtered into the job market, so, with this minor, a student will surely be more marketable to future employers.

"Looking at demographics and the job market, there are obviously tons of jobs relating to aging," says Dean for Undergraduate Education, Steven Bloom. "This minor also helps with living on this campus. We're hoping there will be a lot of interest."

Currently, there is no direct student interest in this minor, as it has just passed the approval process. However, what is most interesting about this minor is the fact that it will truly work with any major. From Legal Studies to Finance and Allied Health, most careers are in some way affected by aging.

"Even fashion is affected by aging. As Baby Boomers are getting older, they will have demands too," commented Dean

Bloom. "The minor could really benefit students who want to study a specialty area and this makes them more marketable," comments Dean Bloom.

The first requirement for the Aging Studies minor, Aging in America, will begin this fall followed by Ethical Issues in Aging for the spring semester. These courses will also fulfill the psychology and ethical components of the general education requirements. Therefore, students who have interest in aging, but cannot commit to the minor, will have still have the option to partake in these new courses.

After these courses are completed, students will select four additional courses to fulfill the requirement. The Aging Studies minor differs from other minors because it is so individualized. Students will work with their advisors and Dean Bloom to create an area of study that they are interested in pursuing. They will also be encouraged to undertake an internship or final research project that reflects their interest in aging issues.

Interested students should talk with their advisors or contact Dean Bloom at sbloom@lasell.edu for more information.

Boston Happenings

By Nyndia Diligent
Contributing Writer



I'm sure we've all experienced what it's like to be stuck on campus with nothing to do. Well if you're tired of sitting in your dorm room and you wish you knew about events in Boston, then hit up this amazing website, Going.com, which features upcoming local events that you can enjoy.

Aware of the "broke college student budget," you can search events according to price range or you can search types of events from museum openings to nightclub parties. Whatever your interests are, you'll most likely be able to find something to do! Here are some events coming up for the month of April:

9th Annual Boston Beer Summit
The Castle at Park Plaza
64 Arlington St., Boston, MA
April 19th @ 5:30PM
\$40 at the door/\$35 before event

Record Store Day
Newbury Comics
322 Newbury St., Boston, MA
April 19th @ 2:00PM
(Special Sales, Free Goodies, &

Artist Apperances
FREE

Free Sneak Preview Screening: A Dream in Doubt
Rabb Lecture Hall, Boston Public Library
700 Boylston St., Boston, MA
April 19th @ 2:00-4:00PM
FREE

112th Boston Marathon
Downtown Boston
City Center, Boston, MA
April 21st @ 8:00AM

KRS-ONE
Harper's Ferry
158 Brighton Ave., Allston, MA
April 21st @ 8:00 PM
18+/\$25.00

Future Arts 2008
The Boston Center for the Arts
539 Tremont St., Boston, MA
April 19th @ 7:00 PM-1:00AM
21+/Advance Tickets \$10
For more details on these events, search www.Going.com!

Lasell Junior Invited to Poetry Reading at Boston College

By Christina Rossi
Chief Editor



Courtesy of Erica Desautels

Junior Erica Desautels was invited to participate in the 2008 Greater Boston Intercollegiate Poetry Festival, comprised of twenty different colleges and universities, at Boston College on April 14th. Erica read her poetry aloud and it was included in a book of area colligates poetic works. The event was sponsored by the Boston College English Department, the BC Vice President's Office, and Boston College Magazine.

Miracle Foods Your Guide to a Healthy Lifestyle

By Loren Grimes
Contributing Writer

Q: Breast cancer tends to run in my family, so my chances of getting it are very high. What can I do to lower my risk?

-Rachel

A: There are several precautions you can take to lower your risk of getting breast cancer. With such a high reoccurrence in your family, your main concern should be diet and exercise.

Since breast cancer results from high levels of estrogen, you should try to eat foods rich in fiber. As well as regulating your body's digestive system, fiber also helps to lower estrogen levels.

Whole grains, fruits, and vegetables contain the most essential nutrients you need to prevent cancer. Not only are all these foods an excellent source of fiber, fruits and vegetables are also packed with cancer-fighting plant chemicals, such as lycopene and sulforaphane. Tomatoes, broccoli, beans, and pineapple are especially rich in these nutrients.

Several other factors could contribute to your risk of getting breast cancer as well. If you are a smoker, your risk could be 40% higher, according to the Fred Hutchinson Cancer Research Center. It is also very important to exercise in order to regulate your body's homeostasis and prevent cell inflammation. If you want to live a long, healthy life, it is important to take care of yourself and pay close attention to diet and exercise.

Q: What is all the buzz I've been hearing about fish oils? One of my friends told me they take them for joint pain, and another one told me they are for depression. What do they really do?

-Megan

A: Actually, both of your friends are right. Fish oils contain a fatty acid called omega-3, which is essential to the human diet for a number of reasons. You can obtain omega-3 by eating fish, nuts, certain plants, or taking dietary supplements.

Your body and mind cannot function properly without omega-3 fatty acids. They do everything from stabilizing your mood to ensuring proper growth and development. Fish oils have also been proven to bring relief to over 31 conditions, including high cholesterol, ADHD, arthritis, inflammatory symptoms, menstrual pain, headaches, and stress.

As you can see, omega-3 can make a huge difference in your overall health. If you are not getting enough in your diet, taking 2 to 3 supplements a day will eventually change the way you feel. Fish oils have become the answer to many health concerns, which explains why you might be hearing about them.

Q: It is almost summertime, and I really need to shed a couple excess pounds. Is cutting the carbs enough to lose weight without exercising?

-Karen

A: Well Karen, you probably see hundreds of weight loss products advertised every day. I'm sure you could sit in a hot sauna all day, give up those delicious carbohydrates, or completely stop eating all together. However, none of these methods are truly safe. If you want to achieve greater mental and physical health, exercise is the way to go.

I can see why a low-carb diet might sound appealing to you. With such a busy lifestyle, you could probably burn enough calories throughout your day to lose some weight. However, carbohydrates are essential to brain function and mood stabilization, which everyone needs to get through their day.

Besides enabling you to lose weight, exercise is essential to many other elements of your body. It reduces your risk of cancer, heart disease, high blood pressure, anxiety, and depression. It also speeds up your metabolism and tones your muscles. There are risky ways to lose weight without exercise, but is it really worth it?

If you can manage to squeeze in at least 30 minutes of exercise 3 times a week, not only will you shed the pounds, but you will benefit your entire well being.



Poster Illustration by Laura Gallagher

RUNWAY 2008

By: Shannon Thomas
Contributing Writer



Photo by Andrew Polagye

Fashion Show of 2007, Alisha Autiello's vintage line.

Attention fashionistas, family and friends! Lasell College presents *Runway 2008*, featuring fashion design students' garments and accessories.

The program on Friday, May 2nd will showcase over 400 undergraduate designs, the largest number in Lasell history, which includes non-textiles and millinery works. On Saturday May 3rd, thirty-one senior designers will present their original lines and the latest issue of *Polished* will also be unveiled!

Long hours and hard work have been going on behind the scenes of show, and not only by fashion design students. Fashion Merchandising and Graphic Design students have also been designing and creating the stage and promoting the event.

Anne Vallely, the creative force behind *Runway 2008*, says that the show "represents a true connected learning experience for hundreds of Lasell students. *Runway 2008* will be a culmination of teachers and students working together with one common goal: to create a bigger and better show than previous years."

Everybody involved has invested a great deal of time and energy into this production. It is sure to be worth remembering, because when you're in fashion, you're either in or you're out...and Lasell College is definitely in!

Both shows begin at 6:30pm and tickets for \$25 will soon be on sale.

The Assist by Neil Swidey Book Review

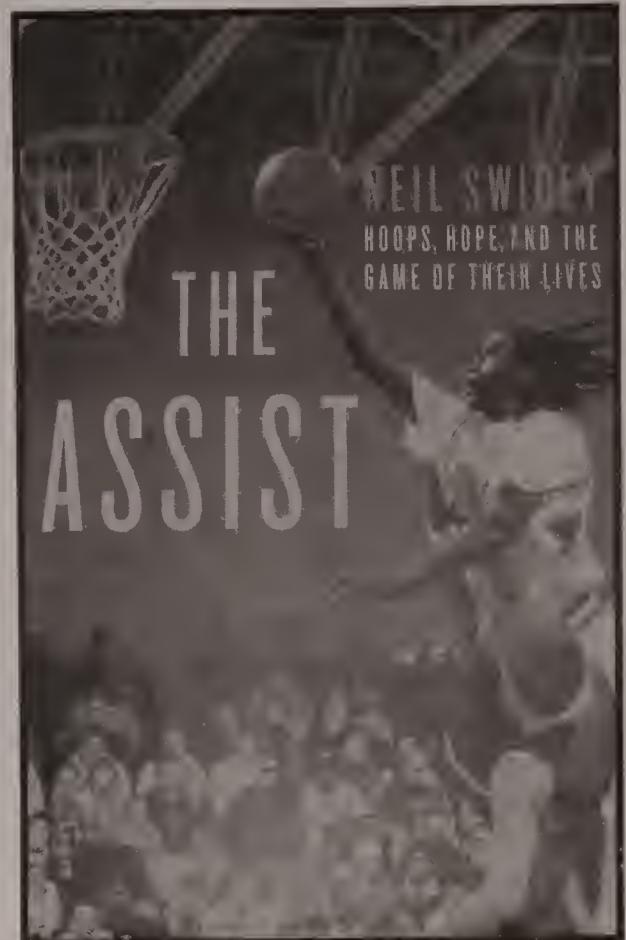
By: Melissa Fuller
Contributor Writer

Pride, glory, and perseverance is the air the characters breathe, in *The Assist*. Coached by a man willing to put the needs of his low-paying high school coaching job before the needs of his very own life, Charlestown High School's basketball team became a legend. Neil Swidey's *The Assist* tells the story beautifully.

Coach Jack O'Brien, the founding father of the Charlestown Basketball powerhouse, is not your average Joe. Coaching a school overflowing with inner-city kids, from some of the roughest neighborhoods of Boston. Coach O'Brien was a middle aged Irish man from Medford. He wasn't brought up in an ideal family, but never faced the fear, like his players, of being gunned down while commuting to or from school each day. However, a lack of common ground did not stop Coach O'Brien from seeing the potential of these young men.

The first part of the book, called the "Pre-Season," introduces the three main characters, giving the reader insight into the lives of Ridley, Hood, and O'Brien. Hood was brought up in one of Boston's most dangerous housing projects, Academy Homes. Ridley, with whom O'Brien had a tight-knit relationship, was a soft spoken, respectful boy, raised by his mother just outside of another violent Boston housing project. This is where O'Brien would make the trip some Saturdays to pick up Hood, Ridley, and their fellow players to visit colleges they might be interested in applying to. Most middle-aged white guys wouldn't be found near neighborhoods like this one, but O'Brien had bigger things to worry about, such as making sure his players had a way to make it out of neighborhoods of poverty this belittled any fears he had for his own safety.

In the next few chapters, Swidey gives a behind the scenes look at one of Massachusetts' most blossoming basketball teams in its history. O'Brien's tactics aren't all about producing a winning team; his main objective is to build a family. He was a father figure to his team members, what the majority of them lacked at home. He taught them responsibility, manners, and respect. He gave them hope. Once a young man became part of O'Brien's "family," he developed an endearing, determined attitude.



The cover of Swidey's book features Charlestown High Basketball All Star Ridley Johnson in action at a high school game.

Although O'Brien's inspirational strategies helped many of his players by keeping them off the streets, the fate of some were beyond his control. The summer of 2006, that O'Brien lost one of his former players, Alray Taylor, to gun violence.

Even if none of these players ever made it off the stoops of their crime infested neighborhoods, they could all say they had to chance to be a part of a family of young men, led by a man who believed that they weren't just statistics of the ghetto, and inspired them to strive for fulfillment in their own lives. Without Coach O'Brien, who was there to "assist" the basketball stars of Charlestown High, may have never had such a chance at glory. Swidey illustrates how these young men are now prided with being a part of a championship team.

Connected-Learning Symposium Week Is Just Around the Corner

By: Iván González-Marte
News Editor

As this spring semester comes to a close, the seventh annual edition of the Connected-Learning Symposium week is on its final planning stages. This year, the Symposium begins with an exhibition session in deWitt Hall on Monday, April 28th and culminates with the famous fashion show on Saturday, May 3rd.

About half of the student population and more than 30 faculty members will be showing their work to the entire Lasell community.

Some of the highlights for this year's Symposium include a film screening of an original television episode written in Professor Miriam "Mimi" Reddick's screenwriting class, a presentation on the latest alternative spring break trip to Chicago, and a program on "Sex and the College Student," led by Rev. Barbara Asinger.

What started as a relatively small gathering with very few participants has now grown into a major campus event that emphasizes the College's connected-learning philosophy. Professor Nancy Waldron, who has been in



Photo by Iván González-Marte
Professor Nancy Waldron taking care of last minute details as she organizes this year's Spring Connected-Learning Symposium.

charge of organizing the event since 2006, has witnessed the evolution of the program. She, however, agrees that the main purpose of the Symposium has always remained intact serving as a platform "for students to showcase the work that they've done over the course of a semester in the various classes that they have participated."

This is an excellent opportunity to see what numerous members of the Lasell community have accomplished in their courses. Everyone is invited to participate in the program and to celebrate the wide variety of student work. Check MyLasell for a complete schedule detailing the different topics, presenters, times, and locations.

"Mobilizing to Save Civilization"

Janet Larsen of the Earth Policy Institute Visits Lasell

By Christina Rossi
Chief Editor



Fashion Rant

By Nyndia Diligent
Contributing Writer

In the 4th grade, I decided what I wanted to be when I grew up. Not a fire fighter and not a nurse. Not a teacher and not a cop. I wanted to be a fashion designer. Sure, I stuck out like a sore thumb. Sure, I seemed just a tad bit over imaginative. Whatever people thought of me, I knew in my heart that was my destiny. So by the time I reached 12th grade and began applying for colleges, it was a breeze. I was the only member of my senior class applying for a fashion design program. I felt so special! One in a million you might say.

But then, I came to Lasell. I was dropped in a sea of fellow fashion enthusiasts, trying to keep my head above water. It was hard at first, but I've survived and now, four years later, I'm preparing to present my senior line at the annual fashion show.

I've come such a long way and learned a lot. Unfortunately, I've also developed a deep disgust for "doubters". "Doubters" are people who believe that fashion isn't a real major. They believe that all that fashion designers do is sit on their butts, flipping through Vogue. They think that fashion design is about going to the local mall and picking out "really cute" outfits. They think that we're all deluded, stupid, and unaware of the world around us. Don't get me wrong, there are a few girls like that out there. But they're not me. We work just as hard as any other major out there. Being creative isn't easy. Try it. You draw a dress inspired by a trapezoid and then come to me. You sew a fly-front and line a pair of slacks and then complain.

While other majors are up writing ten page papers, we're doing the same, while making patterns and pivoting darts. What do "doubters" know about grain lines and seam allowance? What do they know about Fifteenth century wedding dresses and the Egyptian sheath dress? Nothing!

Before you go out everyday, you put on clothes. When you go to bed, you put on clothes. Clothing is obviously essential to your everyday existence. The fashion design students at Lasell are strong, motivated, interesting people who deserve respect. So, please don't be one of those "doubters" who question my destiny.

This semester The Donahue Distinguished Scholar, Janet Larson, the Director of Research for the Earth Policy Institute, spoke to a packed crowd at de Witt Hall. She was on campus to discuss the institute's new book (written by their president, Lester Brown) Time for Plan B 3.0: Mobilizing to Save Civilization, about stabilizing the population growth.

"The world can't handle it [the population growth], we need to educate everyone, eradicate poverty, and stop destroying our eco system," says Larsen. "We need to stabilize the climate, so that we can ensure stability for the future."

It seems today that nearly everyone is interested in climate stability, from individuals, to colleges, and major corporations. Due to this, Larsen comments that the interest in changing our earth is quickly growing, especially among students.

"Students are starting to ask hard questions," says Larsen. "It's an intergenerational question of equity. It's not fair to have these problems [from the past]."

While Larsen understands that it's harder to make personal changes, there is still a lot of room for improvement and small actions are very important, such as simply driving less and switching to energy efficient light bulbs. Those who are looking to make changes in policy can find out what's happening in their community and become politically aware and

active.

"Our voice is huge," urged Larsen. "Politicians will notice that people care about ensuring our future." She warned that, "If we don't start making changes soon, the effects could be disastrous. Our world will be completely different."

The Earth Policy Institute predicts that, by the end of the century, temperatures will rise 2-11 degrees Fahrenheit. This could lead to more extreme weather changes, changes in agriculture, melting icecaps, flooding, and falling states.

"These severe climate changes will put enormous stress on governments around the world," says Larsen.

The Earth Policy Institute is a non-profit research organization founded in May 2001 by Lester Brown, who was interested in environmental sustainability. The institute has a range of publications aimed at environmental policy making in connection with the economy. Janet Larsen received a degree in Earth Systems from Stanford University. She also spent time in Peru studying the rainforest and amphibians.

For more information on the Earth Policy Institute, visit www.earthpolicy.org. Copies of Time for Plan B 3.0: Mobilizing to Save Civilization by Lester Brown are available at the bookstore and in the library.

Electoral Thoughts and Voices

By Camille Gilman
Contributor Editor/Graphic Editor

This November will be the most HISTORICAL presidential election ever! Do you know who you're voting for?! I asked around campus to find out what our peers felt about the election. Here's what they had to say:

"I will be voting for Hillary if she is still with us next November. If not, I'm all for Obama. I chose Hillary because I am a democrat and believe in their views and beliefs. I would like Hillary to win because she would be the first woman president and I think it is time for a change. Also I think she would bring forward some great changes that our country needs and let's not forget that she basically ran Bill [Clinton] while he was in office. He was by far a very good president and helped out our country enormously. Although, he did some no-no's while in that office."

-Anonymous

"McCain. He is the best-qualified candidate. He was a Prisoner of War and he is a brave and honorable man."

-Conroy

"I would like Senator John McCain to win the presidential election. Senator McCain has demonstrated his ability to work and pass successful legislation with the Democrats. Senator McCain also has the experience to lead our country during these troubling times."

-Lawson

"I, unfortunately do not know which candidate I am an advocate for as of yet. I keep saying I have to do my research, yet I've been a horrible voter and haven't done that."

-Gillman

"I would like to see Hillary Clinton win the presidential election. I believe that she can bring forth much of what her campaign offers such as more affordable and accessible health care. As a senior graduating this May, health care has become a major issue with regards to whether or not I will be able to afford it on my own. She also comes with a lot of experience as a leader making her a perfect choice for the job."

-Autiello

"I will be voting for anyone but Hillary Clinton."

-Anonymous

"Obama, mainly because I don't think Hillary is the right woman

to represent 'us'. She will mess up and give women presidents a bad name forever. I also think that since Obama is a relatively fresh face in politics the corruption surrounding him doesn't go as deep as it does for Hillary. In her extensive political career I'm sure that she owes favors to many third parties."

-Anonymous

"I'm honestly still up in the air about the election. I think both candidates bring a lot to the table (Obama and Clinton). They both want change, which is very necessary. But I've always been leaning toward Obama. He's a great speaker and has a lot to offer; yet Clinton does have more experience than him. I feel as though they both have very similar views on a lot of the issues at hand. It's hard to follow their campaigns because I feel like it's all 'he said/she said' and I never really get to know the truth."

-Lambert

"I am going to vote for Hilary Clinton for president in November. I feel that she had a major helping hand in Bill Clinton's campaign and presidency and he was a good president, except for his side hobbies. She also has good views in her campaign. Some will not only affect me, but my friends and family. I feel that she would do a fine job as president, since she was pretty much the background [for] two consecutive terms. I think she has a good plan and is knowledgeable enough to pick up the pieces of our current president."

-Anonymous

"I'm voting for Ralph Nadar. He rocks!"

-Anonymous

"I am voting for Obama. However, if Obama were to become president, then Oprah Winfrey would have absolute control over the United States."

-Edwards



Volleyball

By Ricardo Sanon
Assistant Sports Editor



The men's volleyball team's season came to an end with a loss in the GNAC Semifinal match against Rivier College. The Lasers made it to the semifinals after beating Mount Ida.

The volleyball team had a very tough schedule, but still managed to finish 13-18 overall and 4-7 in the GNAC.

The Lasers have no graduating seniors which means all of the players from the past season will return in 2009.

Team Spirit

By Ricardo Sanon
Assistant Sports Editor

In this column of the newspaper, I would like to talk about my thoughts about something that was brought to my attention. At the men's basketball NCAA Tournament game recently at Brandeis University, I heard that racial/religious comments were made against the opposing team. I assumed that those comments and chants were not intended to tackle such a sensitive subject and that it was not anyone's intention to be offensive. However, after having a two hour detailed conversation with a friend of mine, I realized why those chants and gestures were so offensive. There should be no need to hit that kind of mark when supporting your team. I know that energy and team/school spirit was in the atmosphere, but there is no excuse for racial and religious attacks. Cheer for your favorite team, but remember to be loud, be proud, and, most of all, BE POSITIVE!

Softball Is Better in the Northeast

By Ricardo Sanon
Assistant Sports Editor

The softball team started their 2008 season in Cape Coral, Fla. The weather in the sunshine state did not do justice to the Lasers and the record shows. The very young Laser team went 1-10 during their time in Florida.

Since coming back to Massachusetts, the Lasers have posted a 10-5 record, including a recent win over Norwich University.

Junior slugger Tiffany Perla (Westminter, Mass.) is batting .391, 3 HR, and 17 RBI's.

Junior star Heather Lynch (Warwick, R.I.) is batting .364, 5 HR, 21 RBI's, and has an amazing slugging percentage of .727.

Speedster Heather Rose (West Roxbury, Mass.) has stolen 12 bases and has only been caught once. Rose also has a .935 fielding percentage.

This seasons softball team has an excellent pitching rotation led by junior Amanda Corey (Brooklyn, Conn.), sophomore Nicole Slader (North Smithfield, R.I.) and rookie Alexandra Shackford (Center Conway, N.H.). Corey leads the team in opponent batting average standing at .433 and struck out 33. Slader has a 3-2 record and only allowing 37 hits this season. Shackford claims a 2-6 record but has an astonishing 1.93 ERA and leads the team in strikeouts with 34.

The Lasers are 11-14 overall and are 9-4 in the GNAC which is fourth best in the league.

A Slow Starting May Means a Strong Finish

By Ricardo Sanon
Assistant Sports Editor

The women's lacrosse team started out their season with a four game losing streak. The Lasers turned things around by winning 4 out of their next 5 games with a recent win over Elms College and two GNAC wins.

Junior attacker Caitlyn Murphy (Katonah, NY) has 32 goals in seven games which puts her on top of the GNAC in goals per game. Murphy is also second in the GNAC in point per game averaging five.

Attacker Tina Canavan (Stonington, Conn.) is having an unbelievable rookie season. Canavan is second on in goals and points with 25 and 33 respectively. These marks put her fifth in the GNAC in goals per game at 3.12, fifth in points per game at 3.88, and eighth in assists per game at 0.67. Canavan is also second on the team in groundballs with 16.

Things are looking good for the Lasers as they currently stand third in the GNAC and have a current record of 4-7.

Men's Lax Can't Be Stopped

By Ricardo Sanon
Assistant Sports Editor

After a 6-9 season last year and a 5-3 record in the Pilgrim League, the lacrosse team is on fire. They started the season winning four games in a row including a double over time win to Roger Williams. The Lasers currently stand at 7-2 and 2-0 in the Pilgrim League.

Junior captain Mike Maggio (Winchester,

Mass.) has 25 goals and 7 assists for the season giving him a team 32 points.

Rookie defensemen Alex Engels (Weston, Vt.) has an astounding 54 groundballs for the season.

Senior captain goalie Mark DeMieri (Seaford, NY) has a remarkable 109 saves on. DeMieri's save percentage is .732 and his goals against average stands at 4.67. DeMieri has been named Pilgrim League Player of the Week twice this season. DeMieri has a 5-2 record.

The Lasers are currently tied for first in the Pilgrim.

The Champs Are Here!

By Ricardo Sanon
Assistant Sports Editor

In their first season in the more competitive Greater Northeast Atlantic Conference (GNAC), the men's basketball team won the championship. The number two seed Lasers beat Emerson College 86-72. The victory capped a 12 game winning streak. Junior forward Jose Guitian (Miami, Fla.) was named the tournament MVP. Guitian scored a game high of 26 points and added 11 boards.

Brad Caravoulias (Dracut, Mass.) and Jamie Crawford (Coral Springs, Fla.) chipped in with 21 and 20 points respectively. Crawford also had a game high of 12 rebounds.

Dwayne Powell (Lauderdale Lakes, Fla.) and Crawford also joined teammate Guitian on the all tournament team.

The Lasers gained an automatic bid to the NCAA Division III Tournament with the win, however they went on to lose in the first round of the tournament to Brandeis University. The team finished the season with a very impressive 20-9 record.

Guitian was named to the GNAC All-Conference first team; Crawford was named to the second team; and Powell to the third team.

Please join Lasell's Business Department



Tuesday April 29, 2008
7-8p.m. in de Witt Hall

To hear our guest speaker for Symposium Week

Eugene Donnelly
Global Managing Partner of Price Waterhouse Coopers

Mr. Donnelly will speak on
Profitability vs. Social Responsibility
Followed by a question and answer period